

Student & Alumni Affairs



Vice President for Student and Alumni Affairs	2-3
Academic Advising	4-5
Academic Resource Center	6-7
Alumni and Family Relations	8-9
Athletics	10-11
Career Success Center	12-13
Counseling and Wellness	14-15
Residence Education	16-17
Student Engagement and Leadership	18-19

From the Vice President of Student & Alumni Affairs and Dean of Students

Damon M. Sloan

Dear Students, Parents,
and Friends of the
University of St. Francis:



I am pleased to be presenting the first Annual Report distributed by the Division of Student &

Alumni Affairs. Yes, you heard that correctly. Student AND Alumni Affairs. A unique reorganization of the division occurred in December 2013, and as a result, four departments were moved from other areas of campus into the division to create a newly named division. We are excited to showcase the now eight departments that comprise the division.

Many professionals have asked why Alumni Relations was moved into our division. After all, according to a 2013 NASPA survey of Chief Student Affairs Officers (CSAOs), 4% of those surveyed had alumni offices in their portfolio. For USF, it makes perfect sense. Our alumni office has shifted its focus from fund-raising to friend-raising and engagement. We want to see more interaction between alumni and our current students as well as assist in making the transition from student to alumni more

seamless. If we engage our students effectively, we can help them become engaged alumni.

This report also shows some of our initial assessment projects, tracking data, and satisfaction numbers from the departments. In May 2013, our division “retreated” and emerged with six new learning outcome domains. They were created by consensus and reflect national trends in assessing student learning outcomes as well as our own institutional culture. We are proud not only of the results, but also of the process to get there.

Too often, student affairs divisions have been seen as the “cruise directors” of their respective institutions, designed to support and entertain students outside the classroom. While providing appropriate diversions is still a component of many of our departments, we also need to look deeper and acknowledge that our students learn as a result of participating in our programs and services. The key is to assess student learning effectively, demonstrate the division’s contribution to the institution, and share our story.

**The story is just beginning....
we hope you enjoy it.**

2014-2015 STUDENT & ALUMNI AFFAIRS GOALS

Implement division-wide initiatives which contribute to increasing persistence and completion of all students: traditional undergrad, adult undergrad, and graduate.

Increase the percentage of residents who return to the residence halls for Fall 2015.

Increase alumni engagement which will result in a higher percentage of alumni who donate to the institution.

Increase the percentage of graduates who are employed in their field and expand experiential learning opportunities for students.

Adequately assess programs, services, and initiatives within the division in order to demonstrate deep student learning outside the classroom.

Division-Wide Learning Outcomes

In 2013 the division came together to determine Learning Outcomes which encompassed the learning students will gain from engaging with Student and Alumni Affairs.

Community

As a result of participating in Student and Alumni Affairs programs and services, students will develop a sense of community through relationship building and self-reflection that leads to engagement in the USF community.

Humanitarianism & Civic Engagement

As a result of participating in Student and Alumni Affairs programs and services, students will acquire a sense of civic and social responsibility resulting in a commitment to advocate for equality, inclusiveness, and sustainability.

Knowledge Acquisition & Cognitive Complexity

As a result of participating in Student and Alumni Affairs programs and services, students will synthesize knowledge gained in curricular and co-curricular activities and use critical thinking skills to advance their academic, personal, and career development.

Leadership

As a result of participating in Student and Alumni Affairs programs and services, students will cultivate leadership skills by collaborating with others to set and accomplish goals that promote positive social change.

Practical Competence

As a result of participating in Student and Alumni Affairs programs and services, students will gain practical skills that promote managing time, utilizing campus resources, maintaining health and wellness, managing personal affairs, and communicating effectively.

Spiritual Awareness & Franciscan Values

As a result of participating in Student and Alumni Affairs programs and services, students will clarify their own spiritual beliefs and exemplify the core Franciscan values of respect, service, integrity, and compassion in their everyday lives.



Frequently Asked QUESTIONS

Q: How did your division develop these learning outcomes?

A: In May 2013, the division engaged in a consensus building process using CAS Standards, previous learning outcomes, and institutional culture to determine the most important outcomes. We didn't want too many or too few. Surprisingly, coming to agreement on the six areas was a relatively smooth process, and we are proud not only of the final outcomes, but also the way in which the outcomes were established.

Q: How are the outcomes assessed?

A: Put simply, they are assessed through mapping. Each of the eight departments establish their own learning outcomes which map to the various domains. Some outcomes will map to multiple domains, and some departments may not map to any of the outcomes. Between the eight departments, however, all outcomes are mapped. Each program, service, or initiative is then mapped to one or more of the department outcomes. Each year, each department chooses two or three activities in which direct assessment is conducted. We use the results of the assessment to adjust the program or initiative in order to improve student learning.

Academic Advising

Jeffrey Chiapello

Academic Advising works to reach out to many student populations. The students see the office as a strong support in their academic careers. In the 2014 Noel Levitz survey, students ranked Academic Advising significantly higher than the national average in several areas including:

- My academic advisor helps me set goals to work toward
- My academic advisor is approachable
- My academic advisor is concerned about my success as an individual
- My academic advisor is knowledgeable about requirements in my major

There are several opportunities available for students in the academic advising office. After surveying those who went through registration, traditional students stated based on their advisor meeting, how knowledgeable they are about each of the following

- Class Schedule: Very Knowledgeable 95.9% (47)

Also students shared: After meeting with the advisor, they felt that:

- The advisor was supportive of my professional and personal goals and concerns: Strongly Agree 87.8%, Agree - 12.2% - Total 100%
- I understand how my credits from other institutions transferred to USF: Strongly Agree 87.8%, Agree - 12.2% - Total 100%
- I understand my options for experiential learning (internships, study abroad opportunities): Strongly Agree 71.4%, Agree 21.4% - Total 92.8%

In a similar survey after Non-Traditional Students' academic advising appointment they shared:

- My academic advisor contacted me at my scheduled appointment time. 88.9% (120)
- Overall, students are satisfied with this method of delivery as well.



Academic Advising Undertakings

We served just over 1,000 new students in helping them register for their classes.

In addition, the Academic Advising Center also:

Hosts major advisors for Pre-Nursing, Undecided, and Liberal Studies

Registers continuing students in absence of their faculty advisors

Aids students who are changing their major

Hold Faculty Advising Training Seminars

Work with the four Colleges on Transfer Agreements with community colleges.

In 2013-2014
1,000
new students
interacted with
the department.

Academic Advising Learning Outcomes

- Students will develop a clear degree plan which is used to navigate toward graduation
- Students will understand articulation, evaluation of credits, and the registration process
- Students will develop a supportive relationship with their advisor
- Students will understand their options for experiential learning
- Students will understand options for completing a degree through non-traditional means
- Students will experience a positive relationship with their faculty advisor
- Faculty will use best practices in advising to encourage retention

Academic Advising Staff

Jeffrey Chiapello

Director of Advising
Pre-Nursing Student Advisor
Articulation Agreements

Yvonna Miller

Academic Advisor
Undecided Student Advisor
Liberal Studies
Student Advisor

Tracy Jones

Academic Advisor
New Business Student
Graduate Advisor

Patricia McClintock

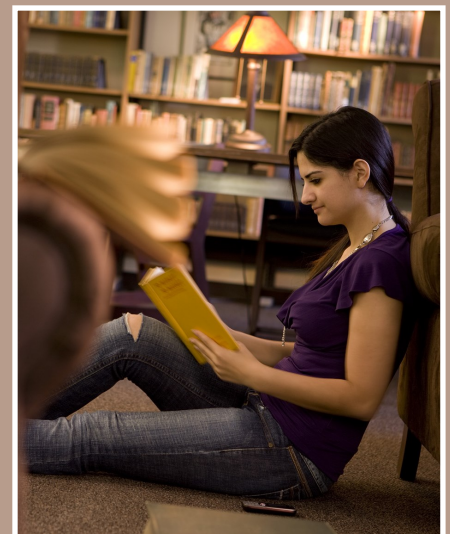
Coordinator of Prior Learning
& Adult Advising
Adult Student Advisor
CLEP/DANTES test
administrator

Denise Uraski

Transfer Credit Coordinator
Data Entry

Academic Advising Learning Activities

- Register Students
- Develop Academic Degree Plans
- Faculty Advising Training
- Administer CLEP/DSST TEAS tests
- Update/ Create Transfer Guides/ Articulation
- Discuss Major and Academic Support Options



Academic Resource Center

Christine Zielinski

In its fifteenth year, the Academic Resource office supports student's academic endeavors in many ways.

Through the Spring 2014 Noel Levitz survey, *University of St. Francis students share they have become significantly more aware of where to go for academic assistance compared to the 2011 results. Also, the University of St. Francis is significantly higher than the national average in commitment to students with disabilities and making tutoring services readily available.*

There are many reasons students are satisfied. Below is an in-depth review of all the programs offered.

Learning Assistance Programs

Tutoring -- Tutoring was provided in 9 subject areas by 35 peer tutors. Over 25 hours of CRLA certified training of the tutors allowed 748 students to participate in 2770 tutoring sessions. Students using tutoring, on average, earn higher grades and fewer D, F, W grades than those who do not use tutors. The most significant difference is seen in math where there is a 15% lower rate of withdrawals and poor grades compared to non-participants. A sample of average grades of tutored students; to non-tutored are:

Math 3.15:2.65

Writing 3.25:3.0

Science 2.7:2.5

Supplemental Instruction (SI) -- SI targets historically difficult courses and places a trained and successful student to facilitate a weekly study session. SI was provided for 11 classes throughout the year; in sciences, math, and nursing. Participants were more likely to pass their course with a C or better than non-participants. The rate of D,F,W grades was cut in half in Biology for SI participants. Anatomy saw a 10% drop and Pathophysiology dropped by 40% among participating students.

Success Programs

Academic Coaching: 86 Students -- Conditionally admitted students and continuing students who are on academic probation are placed into Academic Coaching to provide support for academic success. Academic Coaching provides a one-to-one relationship with a learning specialist to help students clarify their goals and establish an academic plan to achieve them. The student has the opportunity to develop, practice, and monitor habits of mind and strategies that will lead to success.

Summer Academy 2013: 27 Students -- Summer Academy offers new freshmen a residential experience designed to provide a taste of real academic expectations of college courses to help with academic success from day one. Five days are wrapped around a 1 credit hour course taught as a system of seminars by 7 faculty. Students earned an average 2.92 GPA their first year with 84% responding that the experience prepared them a large amount or a great deal for their first semester.

University Success Scholars (USS): 59 Students -- College has more challenges for first-generation college students. University Success Scholars offers information, leadership training, cultural field trips, and opportunities to engage with faculty for these students. The average

Goals

Increased collaboration with other departments.

Improved information and resources to students and community

Improved programs and services.

GPA for USS was 3.23 with a 91% retention rate for participating freshmen compared to 81% for non-participating first-generation freshmen.

Services for Students with Disabilities: 84 Students -- Disability Services is committed to ensuring equal access by fostering an accessible environment. It seeks to help students become self-advocates in the USF setting. To accomplish this mission, academic accommodations and developed plans were approved for 43 students and housing accommodations for 41.



Academic Resource Center Learning Outcomes

Outcome 1: Students will develop a sense of belonging that results in engagement with the university and retention

Outcome 2: Students will develop and demonstrate self-advocacy for their academic success

Outcome 3: Students will effectively adapt and adjust study and learning strategies for academic success

Outcome 4: Students who consistently use the academic resource center will meet the learning outcomes of associated courses

Outcome 5: Students will increase active learning by consistent use of academic and community resources to maximize their independence

Outcome 6: Students will become qualified peer leaders through systematic and ongoing training

ARC's Notable & Outstanding Assistance to USF Students

Each year the ARC recognizes one faculty member and one peer leader (tutor, SI leader or mentor) who represents the following aspects of ARC's mission:

- Offers exceptional academic support to students beyond the classroom
- Promotes scholastic growth
- Recognizes the unique worth of the individual
- Encourages students to develop and strengthen talents and skills

The 2014 Awards were presented to:

Dr. Daniel Schwert
Assistant Professor
Natural Science Department

Miriam Barajas
Writing Tutor
English major

ARC Learning Activities

- Office of Disability Services
- Tutoring
- Supplemental Instruction
- Academic Coaching and Seminar
- University Success Scholars
- Mentors
- Summer Academy
- Nursing Academy
- Workshops



Alumni and Family Relations

Aubrey Knight

Alumni and Family Relations had a direction shift in 2013-2014. The office transitioned in to what is now Student and Alumni Affairs. Also, adding Parents to the constituents we serve was a change for us. These changes did not slow us down. These changes excelled them forward.

For 2013-2014, we had a total of 4,271 alumni & friends engaged with us compared with 2,847 in 2012-2013 and 2,171 in 2011-2012. A 50% increase.

This increase in numbers is reflective of satisfaction and shows positive effects on our efforts. Through the Academic Quality Improvement Program, we are working towards incorporating more opportunities to report satisfaction data (alumni events, homecoming/reunion weekend, alumni board, etc.).

This being said, we surveyed all of this year's Student Alumni Mentoring (SAM) program participants and received a 100% satisfaction rate from both alumni mentors and student mentees who felt it was a beneficial program. We had 104 participants in the program 2013-2014 vs. 50 in 2012-2013. Included is a breakdown of those who participated. Some alumni are counted in more than one category based on multiple USF degrees.

Student Alumni Mentoring

- 51 mentees
- 49 mentors
- 51 pairs officially

2013-2014 Events Breakdown

These are optional events to encourage networking between pairs in SAM. These numbers do not reflect their individual meetings, phone calls, emails, etc. with each other throughout the year, which occurs on a regular basis. This program is designed for them to interact individually and not necessarily only with the events.

Kick off Dinner

- Alumni: 36
- Students: 21
- Total: 57

Holiday Social

- Alumni: 20
- Students: 19
- Total: 39

Career Networking Night

- Alumni: 20
- Students: 15
- Total: 35

Service Day

- Alumni: 4
- Students: 6
- Total: 10

End of the Year Dinner

- Alumni: 19
- Students: 13
- Total: 32

Homecoming/Reunion Weekend

Draws Record Numbers

This year's Homecoming/Reunion Weekend Sept. 19-21 attracted the largest crowd of alumni in recent history. The weekend consisted of 26 events from the Reunion Dinner, chapter meetings, athletic reunions, campus tours, homecoming tailgate/game to a jazz concert, dinner theater, young alumni reunion, mass, brunch and awards ceremony and more! With over 500 unique attendees, there was definitely something for everyone.

A survey was sent to our guests after the event with the following results:

Registration Experience

- 75% Excellent
- 25% Good

Quality of Events

- 79% Excellent
- 21% Good

Food Quality

- 74% Excellent
- 26% Good

Alumni Staff Experience

- 90% Excellent
- 10% Good

We are looking forward to planning next year's event and bringing alumni back to their alma mater for a memorable weekend.



Alumni and Family Relations Learning Outcomes

Outcome 1: Current students and employees are connected with alumni

Outcome 2: Faculty and staff have access to current alumni information

Outcome 3: Alumni network with each other

Outcome 4: Alumni and Families are strongly connected to USF

Outcome 5: Current students understand the importance of staying connected to USF after graduation

Outcome 6: Alumni Board members partner with USF as donors, business partners, attendees and volunteers

Alumni Association Board of Directors

For the first time in USF history, we have a full 30 member Alumni Association Board of Directors (in addition to one Sisters of St. Francis representative and three current student representatives). This Board represents a wide array of professional backgrounds, ages, majors, genders, and races to help better support and represent our current students and alumni population.

Member Breakdown by Age:

- Under 35 = 30%
- 36-55 years old = 37%
- 56 and older = 33%

Member Breakdown by College:

- Arts & Sciences 37%
- Business & Health Administration 43%
- Education 11%
- Nursing 9%

Member Breakdown by Gender:

- Female 67%
- Male 33%

Member Breakdown by Race:

- African American 7%
- Caucasian 86%
- Hispanic 7%

Alumni & Family Relations Learning Activities

- HC/RW
- Alumni Awards
- Events
- Student Alumni Mentors
- Student Alumni Association Chapters
- Alumni Board
- Benefits
- Paver Program
- Family Association
- Commencement



Athletics

Dave Laketa

A record 404 student-athletes competed in USF athletics in 2013-2014 academic year. This includes the newly-formed men's and women's bowling programs, which have brought in 12 and 8 individuals to the program, respectively. Another area of note is the department's continued growth in the Learfield Cup rankings.

After placing 191st in 2008-09, the Saints have climbed up to No. 30 in 2013-2014 for their highest-ever finish out of nearly 300 NAIA institutions.

There are many other accomplishments hosted in the 2013-2014 academic year.

- A 3.16 cumulative grade point average for 374 student-athletes in the spring of 2014, which is a new school record
- 105 student-athletes named academic all-conference
- 55 student-athletes named NAIA Scholar-Athletes
- 5 student-athletes named CoSIDA Academic All-Americans
- 16 teams named NAIA Scholar teams
- 45 student-athletes named conference player of the week
- 5 student-athletes named NAIA National Player of the Week
- 59 student-athletes named all-conference
- 5 student-athletes named conference player of the year
- 15 student-athletes named NAIA All-Americans
- 7 teams advanced to the NAIA National Tournament
- Placed 30th out of nearly 300 NAIA institutions in the NACDA All-Sports rankings

Beyond these team statistics the overall athletic department boasted strong numbers in the 2013-2014 Noel Levitz Survey. Students satisfaction significantly increased from 2011 to 2014 as well as their satisfaction was significantly higher than the national average in two areas. First, was the area of Males and Females having equal opportunities to participate in intercollegiate athletics. The second area is the area of intercollegiate athletic programs contribute to a strong sense of school spirit.

Also in the new area of intramural sports students were significantly more satisfied with the variety of intramural activities offered. Some examples include Paintball (18 participates), Co-Rec Volleyball League 3 teams (21 players), Halloween Costume Dodgeball (19 players), Basketball Shoot-out 2 vs 2 (20 players), and Co-Rec Sand Volleyball League (32 players).



2013-2014 Improvements

Work has begun on the expansion of the Sullivan Center Fitness Center. All cardiovascular equipment is being moved to the middle racquetball court, which is being transitioned into an extension of the Fitness Center.

Nine USF teams have performed service projects including the baseball and men's and women's cross country/track teams traveling to Washington, Ill. to help with the tornado cleanup process. The men's and women's basketball teams boxed 4,333 meals at the Northern Illinois Food Bank. Women's soccer is again caring for animals at the Joliet Township Animal Control facility. The softball team visited the Illinois Veterans' Home in Manteno to provide residents with a Valentine's Day party.

Steve Lawrence, another veteran head coach in the high school ranks, was added as a full-time coach in the men's and women's cross country and track programs. He will also serve as the director of intramurals.



Athletics

Learning Outcomes

Outcome 1: Student-athletes will develop strong values.

Outcome 2: Student-athletes will acquire self-discipline skills.

Outcome 3: Student-athletes will gain self-confidence.

Outcome 4: Student-athletes will develop team-building skills.

Outcome 5: Student-athletes will develop leadership skills.

Outcome 6: Student-athletes will model the NAIA Champions of Character initiative.

Individual Honors

Ryan Njegovan places 8th at Junior World Championships.

Jake Butler Drafted by Detroit Tigers.

- 15 NAIA All-Americans
- 5 Capital One All-Americans
- 2 Academic All-Americans
- 55 NAIA Scholar-Athletes
- 5 CCAC Players of the Year
- 59 All-CCAC/MSFA selections
- 5 NAIA National Players of the Week
- 45 CCAC/MSFA Players of the Week

Athletics Learning Activities

- Orientation Session
- Leadership groups per sport
- Leadership Class
- Study Zone
- Current event review
- Student Athletic Advisory Council Membership
- Convocation Chapel



Career Success Center

Maribeth Hearn

In 2013-2014 the Career Success Center had quite a few changes. These changes include a new departmental name and transitioning to the Student and Alumni Affairs division. Through these changes the department has gone out of its way to increase visibility and service for students. In response to the 2014 Noel Levitz survey students shared they were significantly more satisfied than the national average in the area of, "there are adequate services to help me decide upon a career".

The center had a 214% increase in the number of students/alumni serviced through individual appointments over the prior academic year.

Administered 213 Strong career assessments. The goal of this assessment is to give insight into an individual's interests so that they can identify careers and educational paths.

Freshman students had the opportunity to participate in Career Discovery Day as part of their first year experience.

Freshman responded positively to the opportunity to explore two academic majors during Career Discovery Day stating "The sessions were helpful. They gave insightful information about each career."

92% of students responded that they were able to understand how a particular major would be compatible with their values, interests, and skills.



Our on campus Spring Career Fair, Saints Recruiting Saints, involved 57 employers (including many alumni and their companies) and 156 job seekers.

59% increase in the number of employment and internship opportunities posted to our CareerLink job board over the prior academic year.

46 out of 48 academic programs at USF offer internships.

84.5% increase in the number of student participation in workshops and class presentations over the prior fiscal year.

99% of undergraduate and adult undergraduate and 100% of graduate program completers were employed or attending graduate school within six months of completion.

Integrated career programming into curriculum in 11 undergraduate programs.

13-14: 600 individualized appointments, 1107 participants at Career Success Center workshops and presentations

2014-15 Initiatives

Expanded Outreach through Student Clubs and Classrooms

Additional programming in the areas of branding, cover letter writing, interviewing skills, etiquette, mock interviews and attire

Educating Alumni and Partners on ways to participate with the Career Success Center

Surveying the students who use the Center

Providing the post graduate survey

Hosting the USF Career Fair

Hosting Career Discovery Day

Presenting the Center to attendees at Transfer Orientation

Participation in the ISCPA Career Fest

13-14: Job and Internship opportunities posted to our online job board

Career Success Center

Learning Outcomes

Objective: The Career Success Center is dedicated to professionally assisting students in the selection of majors and exploring career options. We customize our approach for each student offering assessments, guidance, research and connections and direction.

Objective: The Career Success Center builds relationships with community partners so that we can provide opportunities for internships, part-time and full-time placement. Our internships bridge the gap between the student's academic experience and work experience.

Objective: To help students and alumni with all aspects of the job or graduate school search processes, including resume and cover letter (entrance essay editing), interview techniques, and job/graduate school search strategies.

Advice from Alumni

"The best advice that I can give to a current student is to go and talk to Career Success Center. Even if an internship does not become a full-time job offer, you still gain experience that can not be taught in a classroom."

Abraham Ortega - Information Technology - Intern at Catholic Charities, hired on during his Internship

"I appreciated the opportunity to network and get my resume out there to a variety of employers at the Saints Recruiting Saints Career Fair."

Luciann Latzko - Business Administration Alumni



"Use the career success center! They are so good at what they do and are so helpful. There are no excuses for not finding an internship/job while attending St. Francis."

David Wright

Current Management/Logistics Student
Working at US Cold Storage

Counseling and Wellness

Carlos Aquino

Clinical service: 2013-2014

The Counseling Center served 161 clients for a total of 1396 hours of counseling services.

This included 1188 visits to counseling.

The departments goal for 2013-2014 was to increase number of clients from 130 to 143. We surpassed our goal by 24% instead of the intended 10%. The increase in clients stemmed from number of students in crisis. The total clinical hours were less than last year due to increase in group participation. This is viewed as a success as group participation was a challenge in previous years.

The Counseling Center provided a total of 37 unique presentations and outreach groups. The Counseling Center coordinated a Sexual Assault Awareness month (SAAM) in conjunction with USF Health Services, Guardian Angel Home and other community partners.

The Counseling Center coordinated a Substance Abuse Awareness Presentation in conjunction with Silver Cross Behavioral Health Services and Gateway Foundation.

The Counseling Center conducted a depression screening, and alcohol screening during the fall and spring semester. Students were provided information during events and offered additional presentations and resources. Collaboration with Academic Deans aided in their departmental goals and professional development.

Collaboration with on campus student groups (Justice League Club, Paintball Club and UVA) to enhance department awareness.

Representation in the Joliet community by maintaining a professional presence and exemplifying the core values of USF.

Developed collaborating relationships with community providers to provide students additional resources at no cost.

These activities can be observed through the Noel Levitz satisfaction survey. Students at USF were statistically more satisfied with the care about them as individuals than the national average.



Goals:

Maintain and/or increase clinical service delivery by 10% (previous year 130, goal 143)

Increase outreach presentations, with particular emphasis on local community

Increase alcohol abuse, depression, eating disorders, domestic violence and sexual assault awareness on campus

Wellness Center

2013-2014 Stats

- 786 ill or injured students/employees
- 395 vaccines (TDaP, TD, MMR, Hepatitis B, TB)
- 216 seasonal flu Vaccines
- 23 referrals to HWC
- 23 to private/specialty MD

Students were significantly more satisfied with the staff in the health services area and believe they are more competent than the national average.

Counseling and Wellness Learning Outcomes

Goal 1: Students experience a decrease in depressive symptoms and an increase in their ability to manage symptoms.

Goal 2: Students experience a decrease in anxiety symptoms and an increase in their ability to manage symptoms.

Goal 3: Students succeed academically.

Goal 4: Students engage in healthy relationships with self and others.

Goal 5: To increase knowledge and awareness of mental health issues and available campus resources.

Goal 6: Master's Level Counseling Interns are prepared as generalists in accordance with American Psychological Association training requirements, have confidence in their skills and ability, and are competitive candidates for employment and licensure following degree completion.

Goal 7: Students examine their relationship with substance use.

Frequently Asked QUESTIONS

Is there a cost to access counseling services?

No, all registered students can access counseling services at no cost.

Do my parents have to be informed if I seek counseling?

Your identity and the fact that you have sought or received mental health services are confidential and protected by the Illinois Mental Health and Developmental Disabilities Confidentiality Act. You must consent in writing for any release of information. There are exceptions, such as life threatening emergencies, potential harm to others, child abuse and elderly abuse.

Counseling Learning Activities

- Students with emotional disorders will engage in individual and/or group counseling.
- Examples of interventions include but are not limited to: psycho education about the flight/fight response, seminars, mindful breathing, biofeedback, thought stopping, and mindfulness.
- Strengthen academic skill sets associated with health disciplines, introduce freshman to a higher education experience, and foster a relationship between the student and the university. Interventions include a PowerPoint presentation along with presentation exercises.
- Case consultation, professional development trainings, individual/peer supervision.
- Specific interventions are Education and Motivational Interviewing.

Residence Education

Mollie Rockafellow

In reviewing the 2014 Noel Levitz results students rate their satisfaction with the Residence Hall Staff significantly higher than in 2011 and higher than the national average. Residence Education has worked hard to achieve greater satisfaction and learning for the students living on campus.

Also through the Educational Benchmarking survey completed in spring of 2014, Residence Education had strong improvements. Specific highlights are included below

Overall the Residence Education department was ranked in the top 5 of all 295 institutions in six areas.

Student's Satisfaction with Hall/ Apartment Student Staff USF ranked 1 in its Carnegie class and 4 out of 295 institutions. To achieve this the residence hall resident assistants increased their efforts to get to know their residents including completing interaction logs regularly turned into their supervisor. Also there was an increase of focus on community development in RA training including presentations on communication styles, inclusive language, debate to dialogue and self management.

Student's satisfaction with personal interactions while living on campus. USF was ranked 1 in its Carnegie class and 2 out of 295

institutions. This can be attributed to 2013-2014 being the first year for learning outcomes including build valuable relationships that create a support system; collectively establish a welcoming Franciscan campus community. Also, the Residence Education department instituted a hall wide competition called Hammer Down which encouraged resident participation in social and educational events.

Students' satisfaction with faculty and staff interaction was ranked 2 in its Carnegie class and 4 out of 295 institutions. Residence Education achieved this through encouraging students to interact with staff through lunch at the cafeteria and social events to which the faculty were invited.

In the area of student's interpersonal development, USF was ranked 2 in its Carnegie class and 2 out of 295 institutions. To support interpersonal development in 2013-2014 Residence Education focused efforts on Career Services collaboration including late night programming on campus.

Another area of success for Residence Education was student learning life skills. USF was ranked 1 in its Carnegie class and 1 out of 295 institutions. The department prides itself on a student focus. Through interactions with RAs and professional staff, residents are encouraged to seek support but find solutions on their own.

Department Mission

As a department we are committed to providing a safe and educational living environment. One of the things we pride ourselves on is the community students feel while living on campus.

The Residence Education department was also strongly represented in the Noel Levitz student satisfaction survey. Students were significantly more satisfied with the Residence Education staff being concerned about them as an individual than in 2011 and than the national average.



Residence Education Learning Outcomes

Community

- Collectively create a welcoming and diverse community
- Build meaningful relationships with create an interdependent support system

Personal Growth

- Understand and appreciate cultural and human differences
- Establish realistic self-understanding, self-respect, and personal growth

Learning

- Integrate learning, knowledge, ideas, and experiences
- Develop a sense of civic responsibility as a member of a larger community and global society

Frequently Asked QUESTIONS

What is the value of living on campus?

Overall we work to keep the cost of living on campus low. But beyond the dollar amount students gain a great deal of amazing experiences living on campus. Students living on campus have a higher GPA than those commuting. Also, students who choose to live on campus at USF have a well rounded experience.

What new projects are coming this year?

In 2014-2015 we are adding 11 new bed spaces in tower hall, one of our upperclassmen communities. Another addition in Tower is new bedroom furniture in 30 of the bed spaces. This has been an ongoing project which will be completed in Fall of 2015. Also, all the carpeting in Marian hall is being redone to offer a new feeling to the new student community.

Residence Education Learning Activities

- Programming
- Supervision of RA's
- Community Building
- Living Learning Communities
- Training, Staff Meetings, Retreats
- Keys, Housing Assignments
- Referring Departments



Student Engagement & Leadership

Dominique Annis

The Office of Student Engagement & Leadership provides many opportunities for students to become more involved throughout the university community. Students are encouraged to participate in the large selection of events that take place on and off campus.

2013-2014 Highlights

*Over **8100** students participated in 94 events from the Office of Student Engagement & Leadership.*

The Commuter Assistants created a Twitter and an Instagram account to increase their social media presence as well as another way to promote their events.

The Student Activities Board hosted the 1st Late Night @ the Rec in the spring semester with over 200 students attending.

The Office of Student Engagement & Leadership in collaboration with the Health and Counseling office hosted a Mental Health fair.

Greek Life was added as a new initiative for the department.

80% of the incoming freshmen rated the overall orientation as good/excellent.



94% of incoming fall transfers and 88% of spring transfers rated the overall orientation as good/excellent.

The activities impact on students can be observed through the 2013-2014 Noel Levitz survey results. In the area of, "I can easily get involved in campus organizations," students were statistically more satisfied than in 2011 and than the national average. Also, students reported they were satisfied with the student body's sense of belonging. In this area USF was significantly more satisfied than in 2011 and than higher the national average.



GOALS

- Create a feeling of engagement and belonging.
- Demonstrate respectful differences in opinions and beliefs.
- Offer a smooth transition by discovering campus resources.
- Integrate students into the Commuter and Residence Education programs.
- Encourage students to build relationships with others.



Student Engagement & Leadership Learning Outcomes

Outcome 1: Demonstrate respective differences in opinions & beliefs

Outcome 2: Create a feeling of engagement and belonging

Outcome 3: Lead effective meetings and programs

Orientation Learning Outcomes

Outcome 1: Build relationships with other students

Outcome 2: Integrate into the Commuter and Residence Education programs

Outcome 3: New students and their families will be acquainted with the mission, programs, and services of the University

Greek life Learning Outcomes

As a result of participating in Greek Life programs at the University of St. Francis, students will be able to:

- Demonstrate practical skills such as goal setting, event planning, and meeting facilitation.
- Apply leadership concepts to everyday life including: academics, athletics, employment, and student organizations.
- Demonstrate an understanding of personal responsibility and risk management.
- Discover their own leadership potential through self-awareness.
- Develop interpersonal relationships within the chapter, university, and with chapters outside the university.
- Serve the local community, reflect on why service is necessary, and work toward positive social change.

Student Engagement Learning Activities

- Student Participation
- Club Participation
- Diversity Programming
- SGA Workshops





Upcoming Events

Performance Reviews include Continuous Quality Improvement

In 2014 the annual performance review was an important focus for the Student and Alumni Affairs division. The division uses these documents to track the metrics outlined in the strategic plan. One important area which was covered for each Director in the division is a goal of continuous quality improvement. Each Director is tasked with completing direct and indirect assessment of their learning outcomes.

2014-2015 Student and Alumni Affairs Retreat

Each academic year the division hosts a strategic planning retreat. In 2014 the retreat included all 37 full-time employees from the newly formed division. During the retreat, employees had a chance to work on interpersonal communication. Also, the division discussed the current strategic plan and continued strategies to move the plan forward.

2014-2015 Assessment Plans Reported

For the first time as a newly formed division, Student and Alumni Affairs completed assessment plans for each department. This include direct and indirect assessment of learning outcomes. Each department, over a 3 year cycle, will assess each of their outcomes to determine what learning is happening. This process will increase continuous quality improvements division-wide. The 2014-2015 assessment report will be completed in Fall of 2015. The report will be sent to the academic assessment committee for review.

Student and Alumni Affairs Annual Report

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Professional Development

A comprehensive list of conferences attending in 2013-2014 by the division.

- NASPA March 2013
- ASCA February 2013
- NAIA National Convention April 2014
- AFCU Conference June, 2013
- SMHEC workshop, November 2013
- National Symposium on Student Retention, San Diego, November 2013
- GLACUHO Conference November, 2013
- ACUHO-I Conference June 2013
- Illinois Academic Advising Association (ILACADA) Executive board and May 2014.
- Joliet Chamber of Commerce's Community Leadership School, Planning Member.
- Illinois Counseling Association (ICA)
- Illinois Association for Multicultural Counseling
- American Counseling Association (ACA)
- Association of University and College Counseling Center Directors (AUCCCD)
- National Association of Campus Activities Regional 2013 and National 2014 conferences.
- CASE ASAP Conference, February 2014
- Associated Colleges of Illinois Alumni & Development Conference, May 2014
- Skillpath Seminar's Women's Leadership Conference August 2013