



## 2016 Biennial Review

University of St. Francis conducted a Biennial Review during the 2016 spring semester, in accordance with the U.S. Department of Education's Drug-Free Schools and Campuses Regulations.

The Biennial Review Committee is grounded in the mission and core values of University of St. Francis. For further information or questions please contact:

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## UNIVERSITY OF ST FRANCIS BIENNIAL REVIEW 2014-2016

In accordance with the Drug-Free School and Campuses Regulation (34 CFR Part 86), an Institution of Higher Education (IHE) is required to verify it has adopted and applied programming and policies to prevent the illegal distribution and abuse of alcohol and other illicit drugs (AOD) by students and employees both on campus and as a part of any of its activities. The institution is required to develop and implement a sound method for distributing annual notification information to every student and employee each year. The annual AOD notification, at minimum, must include:

- Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.
- A list of applicable legal sanctions under federal, state, or local laws for the unlawful possession or distribution of illicit drugs and alcohol.
- A description of health risks associated with AOD use.
- A description of available treatment programs that are available to employees and students.
- A clear statement that the University will impose disciplinary sanctions on students and employees for violations of the standards of conduct and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution.

In addition, the institution must conduct a biennial review of the alcohol and other drug programs and policies and prepare a biennial report reviewing the effectiveness of its current AOD programs and policies, and the consistency of sanction enforcement across the campus community. It is the policy of the University of St. Francis to have these policies and procedures reviewed every two years.

The following material was reviewed during the preparation of the biennial review: *The University of St. Francis Code of Conduct*, policies and procedures for students, policies related to drug and alcohol use by college employees and the sanctions imposed for failure to comply, various resources available to students and employees regarding drug and alcohol abuse, conduct reports related to infractions of the drug and alcohol policy by students, *The University of St. Francis 2014-2016 Biennial Review*, and *Complying With the Drug-Free Schools and Campuses Regulations [EDGAR Part 86]: A Guide for University and College Administrators*.

The Biennial Review Committee focused on the two following listed main objectives as required by the Drug-Free School and Campuses Regulation. The subcategories listed below the objectives aid in determining the areas of success and growth opportunities for the University of St. Francis AOD program and assist in the organization of the following report and discussion.

**OBJECTIVE I:** Determine the effectiveness of the AOD prevention program and make appropriate changes.

1. Describe program elements including a list and description of activities.
2. Statement of program goals and discussion of goal achievement.
3. Summary of AOD program strengths and weaknesses.

4. Describe procedures for distributing annual AOD notification to students and employees.
5. Copies of the Policies distributed to students and employees.
6. Provide recommendations for revising AOD program.

OBJECTIVE II: Measurement of Enforcement Consistency

7. Enforcement of Sanctions
8. Measurement of Policy and Program Effectiveness
9. Determination of the Effectiveness of the AOD Prevention Program

### **OBJECTIVE I: Determination of the Effectiveness of the AOD Prevention Program**

#### **1. Description of Program Elements**

The task of reducing AOD use on a university campus requires a comprehensive and committed group of faculty, staff, and students, as well as community partners to influence culture and model responsible use through education and programming. The following departments actively assist prevention efforts in setting expectations, enforcing code and behavioral infractions, and providing educational programs and experiences to the students and employees of the university.

***Alcohol, Drug, and Violence Prevention Committee (ADV).*** The University of St. Francis Alcohol, Drug, and Violence Prevention Committee (ADV) is represented by a variety of individuals from the Ministry Department, Campus Security, Athletics, Residence Life, Faculty, and the Counseling Department. The ADV is committed to the reducing the incidents of high-risk behaviors among University of St. Francis students. These behaviors include, but are not limited to underage drinking, binge drinking, alcohol abuse and dependence, illegal drug use, and drug abuse and dependence. The committee meets monthly, as possible, in order to assess the current climate of alcohol and illicit drug use on campus, review current policy, create programming for students in order to educate and reduce dangerous and negative implications of alcohol abuse and drug use. The committee also acts as lead in assessing student need, reviewing and revising policy, and compliance.

***Athletic Department.*** The athletic department is active in its prevention efforts by encouraging students to attend events hosted by Counseling Center. Random drug testing is also part of the preventative measures taken by the athletics program. The student handbook is annually reviewed with the student-athletes on rules applying to alcohol and other drugs as well as services available to students on campus that address concerns about substance use. Athletes are required to acknowledge that they have read and understand university policies regarding the use and abuse of alcohol and other drugs.

***University Ministry.*** University Ministry provides the campus community with a supportive and collaborative service in referring students to the Counseling Center. Peer Ministers also take part in training from the Counseling Center about how to help a student access support services for depression, anxiety, suicide, sexual assault and AOD issues.

***Counseling Center.*** The Center for Health and Counseling Services provides numerous education and prevention programs for all students. As part of the intake procedures, all

students complete the AUDIT screening for alcohol use and are asked questions about their drug use as well. The center also provides online screenings for AOD issues as well as holds alcohol screening days in the fall and spring semesters. The center also provides The Adult Substance Abuse Subtle Screening Inventory -3 (SASSI) to students who have been mandated as part of the campus judicial process or for students who would like a more in-depth examination of their substance use. To coordinate campus prevention and education efforts the Counseling Center relies on counseling interns to spend 50% of their time on AOD/ Sexual Assault related work.

***Human Resources.*** Although the main efforts of the university are focused on the student population, the University of St. Francis is committed to compliance with the Drug-Free Workplace Act of 1988 (34 CFR Part 85, Subpart F). Through the Employee Assistance Program (EAP), University employees are provided to access to substance abuse treatment resources as well as educational content. In addition, University of St. Francis Counselors are available to confidentially discuss AOD issues with University of St. Francis faculty and staff.

***Residence Life.*** Residence Life provides substance free living communities on campus for students who have made a commitment to abstain from alcohol and drug use. At the beginning of each year, Resident Assistants (RA's) are trained on AOD policies. Also, they are required to go through AOD policy violation simulations. These RA's are on duty every day to ensure if there is evidence of AOD violations that they confront and document the policy violation.

***Student Engagement and Leadership.*** The office of Student Engagement and Leadership oversees all student organizations as well as events for students. In addition to the programs held by the office itself, several campus organizations host programs throughout the year to provide alternative activities as well as educational opportunities for the campus about AOD issues and topics. University of St. Francis has also developed ways to better incorporate AOD education and prevention messages into the Introduction to the College Experience curriculum. This is achieved during student/parent registration and orientation presentations.

***University Campus Safety and Security.*** The University of St. Francis Campus Safety and Security Department plays a vital role in the enforcement of University of St. Francis policies as well as providing education and training to the campus community. University of St. Francis Security officers participate in Psychological First Aid and Sexual Assault Training hosted by the Counseling Center. The training is tailored to provide response awareness and how to prevent students from becoming possible victims of violence especially in situations involving alcohol.

### **Prevention Programs and Education Activities**

The following is a list, although not exhaustive of specific efforts made to prevent and educate students and employees regarding the use and abuse of alcohol and illicit drugs.

***Classroom Presentations.*** The Counseling Center provides substance abuse awareness to several classes during fall semester. Topics include time management, stress reduction, and

effective coping which include substance use. During these presentations, students are encouraged to contact the center for consultation, assessment and further counseling services as needed.

**Alcohol screening.** As part of Alcohol Awareness Week and National Alcohol Awareness month, the Counseling Center provides free confidential screenings as well as educational materials for students. The University of St. Francis Counseling Department also collaborates with Gateway Foundation in order to provide free phone screenings to students, faculty, and staff. This service assists in identifying the proper level of care for those who are in need of substance abuse treatment.

**Surveys.** To monitor the effectiveness of programs and highlight areas that need additional attention, University of St. Francis conducts the Core Survey every other year. The data from the survey is used to develop specific programming in response to student feedback and need.

**Online Resources.** Throughout the 2015-2016 year, the ADV committee reviewed potential resource and referral information for students who may have identified or questioned whether they are struggling with alcohol or substance use. The sites [www.drugfreeworld.org](http://www.drugfreeworld.org) and [www.addictionresource.com](http://www.addictionresource.com) were deemed useful and informative and relevant to the University of St. Francis community to utilize. Both internet tools are free to use and offer support and resources for those experiencing addiction or loved ones supporting their family members, friends, and colleagues' sobriety.

**Community Resources.** As of May 2016, the Counseling Department has developed an alliance with Silver Cross Hospital, Rosecrance, and Gateway Alcohol & Drug Treatment Centers. These centers offer free or low-cost consultations and assessments to students who question their alcohol and/or substance use. These establishments can also refer students to low-cost alcohol and substance use treatment centers if they have no insurance. The ADV committee and the Counseling and Wellness Departments have also developed a collaborative working relationship with a local taxi company in order to encourage self-responsibility when drinking. The committees provide advertisements to students to which encourage University of St. Francis students to utilize TeleCab Services when they need a car ride to campus as opposed to driving or riding with someone under the influence of alcohol and drugs.

## **2. Statement of Program Goals and Discussion of Goal Achievement**

**Program Goals.** The overall goal of the University of St. Francis is to strive for academic excellence in all programs, preparing women and men to contribute to the world through service and leadership. These goals are framed in the pillars of respect, service, integrity, and compassion. The primary goal of the ADV committee is to obtain an understanding of how University of St. Francis students perceive alcohol and substance use on and off-campus as well, determine appropriate resources and services to put in place to help students manage an alcohol and/or substance use issue, and to consistently review and revise programming and policy in order to implement best practice prevention and treatment of AOD related issues to students and employees of the university.

The following pillars are the underlying principals which guide and demonstrate the philosophy and shape the goals of the University of St. Francis alcohol and other drugs prevention programming and policies:

- A. The value of RESPECT relates directly to both the self as well as to others. It calls on us to accept the intrinsic worth and value of each human being. The abuse of alcohol and the use of non-prescribed drugs is a clear act of disrespect to self and to those to whom we encourage to engage in such acts.
- B. The value of SERVICE requires us to take action to be of deliberate benefit to others. Facilitating or encouraging any illegal or immoral act through the use of alcohol or non-prescribed drugs is clearly at odds with the value of service. Failure to come to the aid of others who are clearly jeopardizing their own or others welfare is inconsistent with the value of service.
- C. The value of INTEGRITY means that our actions will be consistent with our beliefs. A Catholic university must act in a manner that is consistent with its beliefs in the extreme importance and worth of every human being and this policy is a reflection of that mandate. Students who profess to hold values of self and mutual respect are expected to act in a manner that is also consistent with those values.
- D. Finally, the value of COMPASSION calls on us to have a sympathetic awareness of others' pain and distress and requires us to reach out to them in an effort to alleviate that pain. The university is committed to providing students with those services that will enable them to deal with alcohol and drug problems. Students are expected to care about one another and to come to the aid of their brothers and sisters who exhibit signs of alcohol or drug dependence or abuse.

The following goals were generated from the prior biennial review and were set for the 2014-2016 reporting period:

- 1. Assessment of the effectiveness of current policy through:
  - Student, faculty and staff surveys
  - Student, faculty and staff suggestion box
  - Online surveys with a link provided on the University of St. Francis Counseling web page and via social media.
  - Student, faculty, and staff focus groups
- 2. Recommendations regarding policy changes Via:
  - Student, faculty and staff surveys
  - Student, faculty and staff suggestion box
  - Online surveys with a link provided on the University of St. Francis Counseling web page and via social media.
  - Student, faculty, and staff focus groups
- 3. Assessment of the effect of referrals for treatment of alcohol and drug problems through review of collected data.
- 4. Review online resources for the University of St. Francis homepage regarding alcohol and substance use.

5. Build community relations between University of St. Francis and alcohol and substance use resource centers.
6. Prepare and distribute informational handouts for parents regarding University of St. Francis alcohol and drug policy, and warning signs of substance abuse.
7. Incorporate University of St. Francis students in the ADV committee and develop stronger collaborations with student-lead organizations, groups, and clubs on campus.
8. Review student alcohol and substance use infractions from 2014-2016.
9. Review the degree of enforcement of discipline actions.
10. Assessment of the effect of disciplinary actions taken by university administration through review of documented data.

**Goal Achievement.** The following is an assessment of the progress regarding the prior set alcohol and other drug prevention program goals:

1. Assessment of the effectiveness of current policy: A Student Need & Perspective on Alcohol and Substance Use survey was administered. All ADV committee members drafted and finalized the survey questions and administered the surveys to students. The committee obtained a total of 104 survey responses from student organizational groups and from administering surveys in classrooms. As a follow-up to this initial survey, the ADV team plans to discuss and implement some the suggestions that were noted in the data analysis for the 2016-2017 academic year.
2. To date employees of the university have not received a survey regarding their views of the effectiveness and/or suggestions regarding AOD policy and procedure. A suggestion box has not been created or utilized to assess views/suggestions, and focus groups have not been formed to gather this information.
3. Assessment of the effect of referrals for treatment of alcohol and drug problems through review of collected data: As there is very limited information and documentation regarding sanctions which involve outside referral, it is difficult to aspire to such a goal at this time. In order to conduct an analysis of the effectiveness of such treatment, it would be necessary to retain informed consent from a patient and interview the patient regarding their subjective experience in addition to gathering quantitative data regarding recidivism.
4. Review online resources for the University of St. Francis homepage regarding alcohol and substance use: Two internet sources: [www.drugfreeworld.org](http://www.drugfreeworld.org) and [www.addictionresource.com](http://www.addictionresource.com). Both resources were deemed useful and informative for the University of St. Francis community to research, understand, intervene, and seek assistance regarding alcohol and substance use abuse/dependency. Both internet tools are free to use as well as offer support and resources for those experiencing addiction or loved ones supporting their family members, friends, and colleagues' sobriety.
5. Build community relations between University of St. Francis and alcohol and substance use resource centers: The counseling department has developed an alliance with Silver Cross Hospital, Rosecrance, and Gateway Alcohol & Drug Treatment Centers. The ADV Committee has also researched potential resources and treatment centers that would be

interested in collaborating with the University of St. Francis, notably Stepping Stones, the Southwest Coalition on Substance Use, the South Suburban Council of Alcoholism and Substance Abuse, and the Eating Recovery Center. The ADV committee also created a resource list of group meetings in the Joliet area including Women for Sobriety (WFS), 12-Step/Alcoholics Anonymous (AA), Narcotics Anonymous (NA), Gamblers Anonymous (GA), and Al-Anon and Alateen Family Group meetings.

6. Prepare and distribute informational handouts for parents regarding University of St. Francis alcohol and drug policy, and warning signs of substance abuse: This goal is currently in the development stage. The current interns of the counseling department are active in this project and working with the University of St. Francis marketing department to design and distribute brochures and index cards which provide this information.
7. Incorporate University of St. Francis students in the ADV committee and develop stronger collaborations with student-lead organizations, groups, and clubs on campus: To date, there are no students who participate on the ADV committee. This goal will be reviewed and strategies of inclusion will be implemented.
8. Review student alcohol and substance use infractions from 2014-2016: This information has been reviewed. It was revealed that several departments across the university are responsible for the detection of infractions and administration of sanctions. There is discrepancy between the numbers of infractions as well as missing data regarding the distributed sanctions. Current and future efforts will focus on the method and accuracy of reporting, communication between departments, and consistency of sanctions across the University of St. Francis community.
9. Review the degree of enforcement of discipline actions: This goal is currently under review.
10. Assessment of the effect of disciplinary actions taken by university administration: As there is very limited information and documentation regarding sanctions, it is difficult to aspire to such a goal at this time. In order to conduct an analysis of the effectiveness of such treatment, it is necessary to create an effective system of data collection and policy enforcement.

### **3. Summary of AOD Program Strengths and Weaknesses**

The following highlights and summarizes specific strengths and growth opportunities regarding AOD prevention programming and policy:

#### ***Strengths:***

- The university has developed and maintains a drug prevention policy.
- The university distributes annually to each student a copy of the drug-free policy.
- The university provides services and activities to promote a strong drug-free campus environment.



- Creation of an Alcohol, Drug, and Violence committee to assess need coordinate individual departmental efforts and implement changes.
- Dedicated team members who are committed to the health and wellness of the University of St. Francis community.
- Prevention efforts embedded in Orientation of First Year students.
- Increased engagement with the Department of Athletics; “buy in” from coaches and staff.
- The campus prevention efforts for alcohol awareness week are highly visible on campus and receive positive feedback from students, faculty, and staff.
- The majority of alcohol infractions are first offense with minimal repeat infractions.
- Support services are readily available for students to ensure they receive the consultation assistance via University of St. Francis Counseling Center.
- The university provides confidential free screenings to those in need of AOD services.
- If external referrals are required the University of St. Francis Counseling Center maintains collaboration with various community substance abuse programs and continues to support students as needed.

***Weaknesses:***

- Lack of data about the scope of the problem.
- Need for further training to ensure that disciplinary sanctions are enforced.
- Need for cohesive institutional tracking regarding the number of drug- and alcohol-related legal offenses and referrals for counseling and treatment.
- Need for better assessment measures to evaluate the program.
- Need for improved enforcement and reporting of AOD policies by Resident Advisors supervising the residence halls.
- Need for funding from grants and university dollars to support the program.
- No single “point person” whose job it is to oversee and direct AOD prevention program.
- Not reaching the high risk/dangerous drinkers.
- Limited “peer accountability.” Students seem to feel inhibited to challenge and confront peer behaviors.
- Communication to campus community regarding AOD Program’s goals, objectives and achievements.
- No Student Advisory Committee.

**4. Procedures for Distributing annual AOD Notification to Students and Employees**

***Students.*** The university informs students of these policies during new student orientation at the beginning of the fall and spring semesters and through the Online Student Handbook. Students are also be informed through e-mail, and a copy of these policies is also available on the university’s Website. The policies are also reviewed with students at the time of any university conduct proceeding related to a violation of the alcohol and drug policy. These policies and consequences for infractions are also referred to in the housing contract signed by students who live in a university sponsored residence. They are also placed in each dormitory room and in any other residential facility owned and operated by the university.

***Faculty and Staff.*** Upon being hired by University of St. Francis all employees are given a copy of the *Human Resources Policy Manual* which contains all AOD policies that apply to

University employees. The policies can also be found on the University of St. Francis website and employee portal.

**Biennial Review.** The Biennial Review is available to all members of the University and public viewing on the University's website (<http://www.stfrancis.edu/content/studentaffairs/2014-biennial-review-counseling-health-services.pdf>) and updated biannually. Paper copies are stored in the Counseling Center and can be accessed upon request.

## **5. Copies of the Policies Distributed to Students and Employees.**

The following policies may also be electronically be retrieved from:

<http://www.stfrancis.edu/content/finaid/Drug%20Policy.pdf>, [https://myUniversityofSt.Francis.stfrancis.edu/portal/secure/content/STUDENT\\_HANDBOOK](https://myUniversityofSt.Francis.stfrancis.edu/portal/secure/content/STUDENT_HANDBOOK)  
<http://www.stfrancis.edu/content/newimages/aqip/2014/Links/PC%20Sec%204%20July%202014.pdf><https://myUniversityofSt.Francis.stfrancis.edu/portal/secure/content/15841>

### **Policy Distributed to Students:**

#### **UNIVERSITY CODE OF CONDUCT SECTION II. POLICIES**

The following policies apply to all University of St. Francis students. They also apply in connection with student programs, events, and activities of the university and its recognized student organizations. Violation of these policies may subject an individual or organization to disciplinary action.

#### **POLICY STATEMENT A: STUDENT ALCOHOL AND DRUG POLICY**

##### ***ALCOHOL AND DRUG POLICY INTRODUCTION***

The following policies apply to all University of St. Francis students who are taking at least one credit course, excluding students taking courses in settings other than the Joliet campus, and excluding persons involved in continuing education credit programs. They also apply in connection with any student programs, events, and activities of the university and its recognized student organizations. Violations of these policies may subject an individual or organization to disciplinary action.

##### ***UNDERLYING PRINCIPLES***

A. The value of RESPECT relates directly to both the self as well as to others. It calls on us to accept the intrinsic worth and value of each human being. The abuse of alcohol and the use of non-prescribed drugs is a clear act of disrespect to self and to those to whom we encourage to engage in such acts.

B. The value of SERVICE requires us to take action to be of deliberate benefit to others. Facilitating or encouraging any illegal or immoral act through the use of alcohol or non-prescribed drugs is clearly at odds with the value of service. Failure to come to the aid of others who are clearly jeopardizing their own or others welfare is inconsistent with the value of service.

C. The value of INTEGRITY means that our actions will be consistent with our beliefs. A Catholic university must act in a manner that is consistent with its beliefs in the extreme

importance and worth of every human being and this policy is a reflection of that mandate. Students who profess to hold values of self and mutual respect are expected to act in a manner that is also consistent with those values.

D. Finally, the value of COMPASSION calls on us to have a sympathetic awareness of others' pain and distress and requires us to reach out to them in an effort to alleviate that pain. The university is committed to providing students with those services that will enable them to deal with alcohol and drug problems. Students are expected to care about one another and to come to the aid of their brothers and sisters who exhibit signs of alcohol or drug dependence or abuse.

### ***SERVICES***

Students are invited to discuss health risks with medical and mental health staff available through the Student Affairs Office.

### ***EXAMPLE TO STUDENTS***

A. Faculty, administrators and other employees of the university are representatives of the university and expected to be role models and examples to students.

B. University representatives are encouraged to use discretion in their use of alcohol and are expected to foster adherence to these policies, with reference to the students they instructor with whom they interact.

### ***HEALTH AND SAFETY ISSUES***

A. The university recognizes alcohol and/or drug abuse as a potential health, safety and security problem. Abuse of alcohol or drugs can seriously impair the health and lives of students and others. Students who abuse alcohol and or drugs can impair their own academic performance and do physical, psychological and academic harm to those around them. Alcohol use and abuse has wrongly been perceived as a ritual associated with maturity. In actuality, development into adult maturity may be seriously hindered by alcohol and drug abuse.

B. Alcohol and drug abuse is associated with liver disease, kidney dysfunction, heart disease, impairment of mental functioning, and increased risk for accidents and death. It is a major factor in college students leaving school and abandoning their educations. It can lead to a weakening of an individual's capacity to cope with stress, i.e. psychological resiliency.

C. Since there are many damaging and debilitating effects from alcohol and drug abuse, it is imperative that the university establish policies and procedures to deal with these issues that both clearly state our concern for students, and that clearly reflect our values of respect, service, integrity and compassion for others.

### ***FIELD TRIPS AND FOREIGN STUDY EVENTS***

A. These policies pertain to students while on or off campus, including field trips.

B. Definition of a university sponsored event:

C. For purposes of this policy, a university sponsored event shall be any event that is designed for the education of students which utilizes university resources, whether those resources be financial, material, or personnel.

D. During a university-sponsored educational event such as a field trip, the university representative designated as having authority over the event may establish specific alcohol

use limits or guidelines that he or she believes appropriate to the nature of the event, and in the best interests of the students involved. Such limits or guidelines must be within the parameters of the law and of these policies and shall take into consideration the liability of the university for the welfare of students. e.g. A university representative at such events may establish specific drinking limits for persons 21 or older.

E. Prior to the initiation of an event, the university representative responsible for supervising the event is expected to clarify in writing to all students involved, what the expectations are regarding student use of alcohol during the event. Students must sign the notice indicating that they fully understand the expectations, and university policies pertaining to alcohol and drug use. Students are always expected to follow both the law and policies of the university. (University representatives who have questions or need clarification regarding this section may contact the Student Engagement and Leadership Office.)

F. For liability purposes, the representative will designate when a university-sponsored event is officially initiated and when it shall be terminated. After an event has officially terminated, the university no longer shares responsibility for the conduct of students.

G. Students involved in foreign study programs will be required to adhere to policies and procedures of the program and laws of the country in which they are studying. The university administrator, instructor, or other designated authority who is responsible for foreign study experience has the right to establish limitations on student drinking during foreign study experiences that he or she believes to be in the best interests of the student, and which respects the reputation of and legal responsibilities of the university. The decision of the university authority will be final in this regard.

### ***ALCOHOL POLICY RELATIVE TO ALL STUDENTS AT THE JOLIET MAIN CAMPUS***

A. In the State of Illinois, the legal drinking age is 21. Persons under 21 may not consume, or sell alcohol. It is also unlawful to serve or sell alcohol to anyone under the age of 21.

B. Possession or consumption of alcoholic beverages by or distribution of alcoholic beverages to individuals under the legal drinking age is a violation of university policy on or off campus. On the basis of probable cause, consumption will be assumed when the odor of alcohol is present from or on a student. The school authority who draws the assumption will document the incident and then refer to the University Health Services Department to rule out medical causes. If no medical cause is found, the student will be referred to the Dean of Students.

C. Students are responsible for knowing, understanding, and complying with the applicable state laws, and municipal and county ordinances regarding alcohol.

D. The university will inform students of these policies during new student orientation at the beginning of the fall and spring semesters and through the Online Student Handbook. Students will also be informed through e-mail devices, and a copy of these policies (as they relate to students) will also be found on the university's Website. These policies will also be reviewed with students at the time of any university conduct proceeding related to a violation of the alcohol policy. These policies and consequences for infractions will also be referred to in the housing contract signed by students who live in a university sponsored residence. They will also be placed in each dormitory room and in any other residential facility owned and operated by the university.

- E. Intoxication in public is prohibited. Intoxication for purposes of these policies, will be assumed when recognized behavioral cues for intoxication are present, such as loss of inhibition, poor judgment, slowed reactions or poor coordination.
- F. F. Violations of the alcohol policy may, in the opinion of university staff, reflect the potentiality of a serious alcohol or drug-related disorder and in such cases, will result in a referral to university counseling services for an evaluation and whatever follow-up services deemed appropriate.
- G. Providing an alcoholic beverage to an obviously intoxicated individual is inhumane and prohibited.
- H. The consumption of alcoholic beverages will not be accepted as an excuse or rationalization for any conduct that violates university regulations. Appropriate penalties will be applied for any conduct violations and when such violations manifest the possibility of a behavioral disorder, referral will be made to university counseling services.
- I. The unauthorized possession of empty or open containers of alcoholic beverages and/or the consumption of same by students, other than those allowed in exempt residence hall areas, is prohibited on university property or at university-sponsored events.
- J. Common sources of alcohol, (kegs, half-kegs, quarter kegs, beer bong, punches, etc.), or other means of mass distribution by students, (e.g. taps), are not permitted on the university premises.
- K. Commercial delivery of alcohol to individual students is prohibited.
- L. The university will allow students to drink alcohol who have reached their 21st birthday at university-sponsored events where alcohol is served by the university or by contractors employed by the university. Students who have reached the legal age of drinking in Illinois may not, however, bring or drink alcohol other than that provided by the university at these events.
- M. Any person who serves alcohol at any university sponsored event must be trained by the university or contractors of the university, regarding Illinois and local laws and regulations regarding the service of alcoholic beverages.
- N. Any student shall be in violation of the university alcohol policy where he or she knowingly permits a gathering at a residence, on or off campus, where underage drinking occurs (regardless of whether the alcohol was provided by the student occupying the residence or brought by the person(s) under the age of 21). Note: A student may be charged with a Class 4 felony under Illinois law if he or she permits intoxicated persons to leave the residence which he or she occupies, leading to serious injury or death.

### ***RESIDENT ALCOHOL POLICY***

- A. All residents and their guests must comply with the University's Alcohol Policy.
- B. Alcohol is only permitted for students who are of legal drinking age in the state of Illinois, (21), and who are living in an area of a residence hall that has been explicitly designated by the University as an area where said students are allowed to consume alcohol. These areas of the residence halls are residence hall rooms (not common space) in Tower Hall and Motherhouse. Marian Hall is a dry residence hall.
- C. Students who have reached the legal drinking age in Illinois may not use alcohol on campus property except in designated exempt residence hall areas, i.e. the residence hall rooms, or at university-sponsored events where alcohol is provided by the university.

D. Residents who are allowed to consume alcohol in designated residences may have no more than (one) bottle of wine, or one 12 (twelve) pack of 12 ounce containers of beer, hard cider, or wine coolers—such as but not limited to Mike’s Hard Lemonade, Smirnoff Ice, Smirnoff Signature Drinks, or Seagram’s Escapes—per designated room. Residents who are allowed to consume alcohol are allowed to have any combination of 12-ounce containers of beer, hard cider, or wine coolers, as long as the total number of containers does not exceed 12 (twelve). This is per room, not per person. Kegs, containers of liquor, 24 or 36 packs of beer, etc., or other sources of alcohol in quantities other than listed above are prohibited.

E. Any resident under the age of 21 found on university property or at university-sponsored events with others who are not of legal drinking age while alcohol is being consumed will be found in violation of this alcohol policy. Exceptions would be students under the age of 21 who have been specifically authorized by the university to be present at an event. e.g. fundraiser where students are working.

F. Possession of alcohol for purposes of this section of this policy is defined as being in a room where alcohol is present. Students under the age of 21 who visit the exempt rooms of students age 21 or older, will not be presumed to be drinking merely by their presence in such rooms unless alcohol is being consumed by anyone in their presence.

G. Students over the age of 21 are also in violation of the policy if underage students are drinking in their presence.

H. Drinking is permitted by students and guests who have reached the legal drinking age in Illinois (21) and are in a residence hall room in Tower Hall or Motherhouse.

I. Possession of empty alcohol containers for decorative purposes is prohibited for students and guests under the legal drinking age (21), and for every resident in Marian Hall.

Possession of alcohol paraphernalia—such as, but not limited to beer bongs and party balls—is prohibited in every residence hall on campus.

J. Products displaying an alcohol brand name are allowed for decorative purposes if it is something a person can buy while under the legal drinking age.

### ***ALCOHOL POLICY RELATED TO ATHLETICS***

A. Athletic team members representing the University of St. Francis are expected to represent the university in a first-class manner. Any violation of behavior standards related to alcohol use can result in consequences that are deemed appropriate to the incident by administrators within the athletic department.

B. If a student-athlete is charged with a violation of the University’s Alcohol Policy, the student-athlete will receive sanctions from the university as delineated in these policies. In addition to coming under sanctions from the university’s normal policies and procedures that are relevant to all students, the student-athlete will also appear before the Director of Athletics and possibly the Athletic Disciplinary Board.

C. Athletic administrators have options open to them including, but not limited to, the loss of a percentage of the student athletes playing season to the loss of scholarship or dismissal from the team. If less than a full season is remaining at the time of a violation, the remaining suspension from participation shall carry over to the following season.

### ***DRUG POLICY***

A. The harmful effects of drug abuse on physical and mental health are well established, as well as the costs of such actions both academically and legally.

B. A violation of federal, state, or local laws concerning drugs shall be considered a violation of university policies and is subject to university disciplinary action up to and including separation from the university community.

C. The university prohibits the illegal possession or transfer of any illicit drug so defined under state or federal law and views the use, possession or sale of illicit drug as contradictory to the welfare of both the individual and the university community.

D. Whenever, in the final opinion of the Dean of Students, there is sufficient and credible information or other evidence from within the university or from without, that a student is or has been trafficking in illicit drugs, or is or has been in possession of such amounts as to make this a reasonable supposition, the student will be subject to dismissal from the university and the legal authorities will be notified.

E. Students are responsible for reading and understanding and complying with all applicable state and local laws pertaining to drug abuse as well as the legally mandated consequences for drug possession, or distribution. Legal consequences for drug possession or distribution are printed in these policies for student awareness.

F. The use of drugs or being under the influence of drugs will not be accepted as an excuse or rationalization for any conduct that violates university regulations or the rights of others. Appropriate penalties will be applied for any conduct violations and when such violations manifest the possibility of a behavioral disorder, referral will be made to the university's counseling services.

G. The possession of drug paraphernalia by a student or present in a room owned by the university and used by a student is prohibited.

H. Although the State of Illinois has recently passed a law allowing the use of medical marijuana, no person may possess or use, in any form, marijuana on any college property including outside areas, even with a valid Medical Cannabis Card.

### ***DRUG POLICY RELATED TO ATHLETICS***

A. Athletic team members representing the University of St. Francis are expected to represent the university in a first-class manner. Any violation of behavior standards related to personal illicit drug use will result in consequences that are deemed appropriate to the incident by administrators within the athletic department.

B. If a student-athlete is charged with a violation of the University's Drug Policy, the student-athlete will receive sanctions from the university as delineated in these policies. In addition to coming under sanctions from the university's normal policies and procedures that are relevant to all students, the student-athlete will also appear before the Director of Athletics and possibly the Athletic Disciplinary Board.

C. Athletic administrators have options open to them including, but not limited to, the loss of a percentage of the student-athletes playing season to the loss of scholarship or dismissal from the team. If less than a full season is remaining at the time of a violation, the remaining suspension from participation shall carry over to the following season.

### ***MANDATED CONSEQUENCES FOR POLICY INFRACTIONS***

A. The university recognizes that individuals who personally abuse or are addicted to illicit drugs or alcohol are in need of consequences that will assist them in making informed choices about their future behavior.

B. The university makes a distinction between mandated consequences which are more negative in nature and interventions which are aimed at assisting an individual student in changing attitudes, beliefs, and behavior.

C. Mandatory consequences for first personal offenses against these policies related to the improper or illegal private use of alcohol or drugs will be a meeting with the Dean of Students or his designee and a monetary fine of up to \$100 at the discretion of the conduct officer. The conduct officer will conduct an initial assessment of the student's behavior and will determine whether an intervention/ referral will be made for an alcohol assessment by University Counseling Services. As a result of this evaluation, further services or interventions may be required. Referrals to University Counseling Services for an evaluation after an initial infraction of these policies will be made when there is reason to suspect that the student's use of alcohol is excessive, abusive, or possibly addictive.

D. Mandatory consequences for a second personal violation of these policies will be up to a \$200 fine to be imposed by the conduct officer. Second offenses will automatically result in a referral to the University's Counseling Services for an alcohol-drug evaluation.

E. Consequences for a third personal violation of these policies may include dismissal from the residence hall or the university.

#### ***CONSEQUENCES RELATED TO DISTRIBUTION AND SUPPLY OF ALCOHOL TO OTHERS, OR THE SALE OR TRAFFICKING IN DRUGS.***

A. The illegal or illicit distribution of alcohol to a person under the age of 21 is prohibited and is subject to sanctions imposed by university administration, including the possibility of a report being made to local police authorities leading to arrest. Encouraging an individual under the age of 21 to drink goes directly against the values of the university pertaining to respect for and service to another human being.

B. The illegal or illicit distribution of illegal drugs to any person is prohibited. Consequences for such distribution or supply to other students will be automatic discharge from the university. In addition, if a student attempts to sell, distribute or encourage the use of illicit drugs, the university will notify the legal authorities of this behavior and assist in their prosecution.

C. In cases where a student is arrested for breaking the law pertaining to the illicit distribution or supply of illicit drugs or alcohol, and that student has not been determined by university authorities to have broken policies or rules of the university prior to his or her arrest; the student will automatically be suspended from living in a university sponsored residence until a legal judicial decision is made regarding guilt or innocence. That student will also be placed on probationary status as a student of the university. If the student is found to be guilty of such charges in a court of law, the student will not be allowed to live in a university sponsored residence again and will be subject to university disciplinary action, including possible discharge from the university.

#### ***PARENTAL NOTIFICATION***

A. The decision to inform parents regarding when a student who is under the age of 21 engages in illegal drinking behavior or drug use is consistent with recent changes in the law that governs the privacy of student records, the Family Educational Rights and Privacy Act. This permits colleges and universities to inform the parents/guardians of students under 21



years of age when their student has been found in violation of university alcohol and drug rules as it relates to use or possession.

B. In the interest of the student, the university will notify parents of all alcohol and drug violations for students under the age of 21. Exceptions will be granted on a case-by-case basis. We will encourage parents to take an active role in helping their student to make rational decisions regarding drugs and alcohol.

### **RETENTION OF DOCUMENTS RELATED TO THIS POLICY**

A. This policy will be retained in the office of the Dean of Students.

B. Results of the university's biennial review will also be retained in the office of the Dean of Students. *MANDATED BIENNIAL REVIEW*

A. It is the policy of the university to have these policies and procedures reviewed every two years.

B. The University's Alcohol and Drug Policy Committee which shall be responsible for the review, revision, and implementation of these policies under the direction of the Dean of Students.

C. The Biennial review will include the following:

1. Assessment of the effectiveness of these policies.
2. Recommendations regarding policy changes.
3. The degree of enforcement of discipline actions.
4. Completion of student, faculty and staff surveys regarding the effectiveness and impact of the policy.
5. Provision of a suggestion box for student, faculty, and staff use regarding suggestions for policy change.
6. Conduct of focus groups for students, faculty, and staff regarding the alcohol and drug policy and to identify alcohol and drug related problems within the university.
7. Assessment of the effect of referrals for treatment of alcohol and drug problems.
8. Assessment of the effect of disciplinary actions taken by university administration.

### ***ALCOHOL AND DRUG POLICY FOR OFF SITE STUDENTS***

A. For purposes of this policy only, "Off Site Students" refers to those individuals who attend for credit classes through the University of St. Francis, at sites not located at the Joliet main campus.

B. The use of alcohol or non-prescribed mood-altering drugs by students on any university site, i.e. premises used by the university for the purpose of conducting educational opportunities, is prohibited. Off-site students must also abide by any additional policies that may be established by the off-site location coordinator. When applicable, these additional policies will be provided by the instructor and/or location coordinator.

C. Appearing at a university site under the influence of alcohol or non-prescribed mood altering drugs is prohibited.

D. If a student engages in prohibited behaviors at an "off-site" facility, it will be the decision of the Dean or the Dean's designee to determine appropriate penalties for this behavior. Appropriate penalties will include monetary fines, exclusion from one class, exclusion from all classes. Exclusion from the university will be confined to the decision of the Dean or the Dean's designee under which the class was being conducted.

E. Off-site students have the right to appeal decisions made by the Dean or the Dean's designee. Appeals are to be presented in writing to the Provost. The Provost will have final authority in the matter.

## **POLICY STATEMENT B: BREATHALYZER POLICY**

### ***PHILOSOPHY:***

The University of St. Francis is concerned about the steady rise in binge drinking in college students over the last few years. To that end, the university developed an alcohol policy which would discourage illegal alcohol use in the residence halls and at off-campus parties. After an initial increase in alcohol violations in Spring 2009 and Fall 2009, the number has significantly decreased.

When underage students are present at gatherings where alcohol is being consumed, the university considers these students to be in violation of the alcohol policy, whether they had consumed alcohol or not. The thought by the university was to discourage underage students from supporting a culture where underage drinking is tolerated. Conduct officials, however, realized that in the course of hearing individual cases, it was difficult to ascertain whether or not someone was drinking. As a result, students who were faced with the same violation were given similar sanctions, even if one student was drinking and one student was not.

This concept is in direct conflict with the philosophy of discipline, which is to educate students and to issue sanctions which are appropriate to the offense. It is inappropriate to sanction an individual who was simply present and not drinking with alcohol education and assessment. Conversely, if all students claimed not to be drinking, and sanctions were reduced based on those claims, no one would ever admit at a disciplinary hearing to drinking. As a result, the students who need the education would not get it.

The following breathalyzer policy and procedure attempts to address the dilemma while still holding students accountable for being in the presence of underage drinking.

### ***POLICY:***

If occupants of a residence hall room and/or their guests are suspected of underage drinking, the Residence Education staff and/or security staff should follow the protocols indicated in their respective training manuals and/or handbooks.

Once a staff member has entered the room and begins documenting the situation, any student may have the opportunity to request a breathalyzer test to be administered by a Security Officer.

The student must understand that it is up to him or her to request the breathalyzer test to the staff member. At no time can a Security Officer request a student to take a breathalyzer test. The student must also understand that he or she may still be found in violation of the alcohol policy. However, if the hearing officer knows that the student was not drinking, the sanctions issued should reflect the totality of the situation. There is no written formula for sanctioning, and the hearing officer has the discretion to sanction based on the needs of the individual student.

### ***PROCEDURE:***

1. The breathalyzer policy is in effect when alcohol has been discovered by a university employee in a residence hall room or other public area on the Joliet campus.

2. When university staff is documenting an alleged alcohol violation, a student may request a breathalyzer test.
3. Upon request, the university employee, if not a Security Officer, will contact Security.
4. A Security Officer, trained in the use of a Breathalyzer, will go to the scene.
5. The Security Officer will allow the resident to use the breathalyzer device in accordance with the training received by the security officer.
6. The results of the breathalyzer test are to be recorded in the report indicating the number, in decimal form, corresponding with the student who took the breathalyzer test (Example, .00 or .03).
7. A result of .00 is the only acceptable number confirming that the underage student was not drinking.
8. Any student who records a number above the legal limit for their age will not be allowed to leave campus while driving a vehicle. If a student attempts to drive while above the legal limit, university staff will immediately notify the police for a possible arrest.

### **Policy Distributed to Employees:**

#### **4.5 SUBSTANCE AND ALCOHOL ABUSE POLICY**

The university prohibits the unlawful use, possession, manufacture, transportation, promotion, or distribution of illegal drugs or otherwise legal but illicitly used substances; including prescribed and/or over the counter drugs not being used for their intended or authorized purposes on the campus of the university or as part of any of its activities. Possession of paraphernalia associated with the use, possession, or manufacture of a controlled or illegal substance is prohibited on the campus of the university or as part of any of its activities. The university reserves the right to search an employee's desk, locker or personal vehicle on company property if the university suspects that this policy has been violated.

Except in those instances when prior approval has been obtained from the university administration, the use, possession, manufacture, transportation, promotion, or distribution of alcoholic beverages is prohibited on the campus of the university or as part of any of its activities.

Beverage permit applications must be completed by individuals or groups responsible for an event where alcoholic beverages may be served. The university will make a determination for each application and the university reserves the right to refuse its permission. Beverage permit applications may be obtained from the Dean of Students.

##### **4.5.1 Interpretation, Administration, and Enforcement**

The administration of the university has adopted rules and regulations in connection with the interpretation, administration, and enforcement of this substance and alcohol abuse policy.

The university reserves the right to interpret, apply, and enforce the provisions of this policy, including the determination of whether a violation has occurred. The university also reserves the right to amend this policy as necessary to maintain compliance with applicable local, state, and federal laws, or as needed to maintain the objectives of this substance and alcohol abuse policy. The university shall conduct a biennial review of this policy to determine the program's effectiveness.

##### **4.5.2 Disciplinary Sanctions for Violations**

Employees of the university are disciplined according to the procedures set forth in either Part II, Section 2.19.4 (Faculty); Part III-A, Section 3.7.3 (Non-Exempt Employees); or Part III-B, Section 3.7.2.3 (Non-Faculty Exempt Employees).

In addition to any of the sanctions set forth in this policy, the university reserves the right to refer all matters in violation of its substance and alcohol policy to the appropriate law enforcement agencies.

It is the responsibility of each individual to seek assistance before alcohol and drug problems lead to disciplinary action. A student or employee's decision to seek assistance with an alcohol or substance abuse problem may be considered a mitigating factor in connection with any University disciplinary sanctions.

#### **4.5.3 Distribution or Manufacture of Drugs or Drug Paraphernalia**

The penalty for sale, distribution, or manufacture of a controlled, illegal substance or drug paraphernalia on the University of St. Francis campus or as part of any of its activities will be permanent expulsion or dismissal from the university.

#### **4.6 SMOKING**

The University of St. Francis complies with the provisions of the Illinois Clean Air Act (P.A. 86-1018). Smoking is not permitted in any building on the campus.

Smoking is permitted in designated smoking areas outside campus buildings, no closer than 15 feet to a building's entrances or windows. Receptacles for cigarette waste are located in these areas. The following are designated smoking areas: Bus shelter at Marian Hall; Quadrangle Area; Tower Hall back entrance; all parking lots.

Any person who would violate this policy would be shown to have "flagrant disregard of University policy and regulations" as documented in the *Policy Manual*, Part II, Section 2.19.4 (Faculty); Part III-A, Section 3.7.3 (Non-Exempt Employees); or Part III-B, Section 3.7.2.3 (Non-Faculty Exempt Employees).

### **6. Recommendations for Revising AOD Program**

It is recommended that the following issues be addressed by the next review period:

- Continue to discuss and review the current Alcohol and Drug Policy with the campus community and update as needed.
- Improve the reporting procedures to evaluate the enforcement of the disciplinary sanctions that are stated in the student handbook.
- Continue surveying the campus community for the evaluation of the community's knowledge of the Alcohol and Drug Policy, the effectiveness of the drug prevention program, and the enforcement of the disciplinary sanction for both students and employees.
- Provide incoming freshmen an alcohol assessment and prevention programming.
- Increase alcohol awareness, policy, and motivational interviewing trainings to Resident Assistants.
- Improve communication between departments and provide accurate documentation regarding AOD infractions.
- Revise policy regarding sanctions.
- Maintain consistency regarding sanctions, currently policy allows for a case to case basis with is not sending a clear message to students.
- Improve referral process to counseling in order to assist students who may be struggling with substance abuse related issues.

## **OBJECTIVE II: Measurement of Enforcement Consistency**

The second objective of the biennial review focuses on enforcement of sanctions. An Institution of Higher Education (IHE) establishes consistent enforcement of sanctions by documenting that the IHE treats similarly situated offenders in a similar manner. The following is a review and discussion regarding AOD enforcement and AOD enforcement consistency across the University of St. Francis campus community.

### **7. Enforcement of Sanctions**

The process of AOD enforcement and sanctions for the students of the university are as follows:

- Possession or consumption of alcoholic beverages by or distribution of alcoholic beverages to individuals under the legal drinking age is a violation of university policy on or off campus. On the basis of probable cause, consumption will be assumed when the odor of alcohol is present from or on a student. The school authority who draws the assumption will document the incident and then refer to the University Health Services Department to rule out medical causes. If no medical cause is found, the student will be referred to the Dean of Students.
- Mandatory consequences for first personal offenses against these policies related to the improper or illegal private use of alcohol or drugs will be a meeting with the Dean of Students or his designee and a monetary fine of up to \$100 at the discretion of the conduct officer. The conduct officer will conduct an initial assessment of the student's behavior and will determine whether an intervention/ referral will be made for an alcohol assessment by University Counseling Services. As a result of this evaluation, further services or interventions may be required. Referrals to University Counseling Services for an evaluation after an initial infraction of these policies will be made when there is reason to suspect that the student's use of alcohol is excessive, abusive, or possibly addictive.
- Mandatory consequences for a second personal violation of these policies will be up to a \$200 fine to be imposed by the conduct officer. Second offenses will automatically result in a referral to the University's Counseling Services for an alcohol-drug evaluation.
- Consequences for a third personal violation of these policies may include dismissal from the residence hall or the university.

#### **Level of effort expended to detect violations**

The University of St. Francis policies are mainly enforced by the professional Campus Life Staff, Security personnel, and Resident Assistants. These individuals receive annual training on AOD policies and protocols according to the policy of the university.

#### **Level of expertise of individuals who detect AOD violations.**

The University of St. Francis employ trained security officers who are a professional and visible presence 24 hours a day, seven days a week. University of St. Francis officers are an unarmed informational force and have jurisdiction in all areas of campus. They are in direct communication with the Joliet Police Department and the Joliet Fire Department and call upon their assistance when needed. The department is dedicated to maintaining a safe and secure

learning, teaching and working environment at the University of St. Francis. The campus security department conducts video monitoring across campus and provides escort transportation to students and staff upon request. Campus Security is available 24 hours a day, 7 days a week to intervene in cases of AOD violations and complaints.

### 8. Measurement of Policy and Program Effectiveness

The following charts indicate that there have been founded cases of AOD policy violations over the last reporting period. The information was extracted from the most recent University of St. Francis Cleary report. Further information was provided by the Department of Student Life regarding on campus infractions detected by on duty Residential Staff. Results indicate that employees of the university are active in identifying violations of policy and working to address behavior on campus, however, the data is limited regarding the sanctions and consequences for the violation of policies. Data was not able to be retrieved from the athletic department at the time of the drafting of this report. In addition, data was not available from the human resource department regarding employee infractions and disciplinary actions.

Arrests for Disciplinary Action		
Violation	2014	2015
Drug Abuse	1	2
Liquor Law	0	0
Referrals for Disciplinary Action		
Violation	2014	2015
Drug Abuse	0	5
Liquor Law	28	40

*Cleary Report 2016*

	Drug Abuse	Alcohol or Liquor Law	Smoking	State/Federal Law Violation	Reason not identified. "Null"
2015	6	59	1	8	66
2016	5	50			2

*Residential Life Maxient (Report Retrieved 12/8/2016)*

### 9. Determination of the Effectiveness of the AOD Prevention Program

In order to determine the effectiveness of the University of St. Francis prevention program, a policy inventory was conducted to examine the effectiveness and consistency of enforcement. The following is an inventory of the University of St. Francis AOD policy as it pertains to all University of St. Francis students and an assessment of the effectiveness of current policy.

#### Discussion of Effectiveness Towards Meeting Program Goals and Outcomes

The University of St. Francis strives to provide the most effective AOD prevention, education, and intervention services to students and employees and has accomplished several significant goals between 2014 and 2016. However, as a result of departmental cutbacks, staff turnover, difficulties in identifying leadership in the ADV committee, difficulties in the communication between departments, and the lack of unified response to AOD violations, it has not possible for the program to have met all of the long-term achievement goals it aspired to. To continue to

progress in the prevention of alcohol and other drugs, the committee will extend invitation to the University of St. Francis community seeking participation, and work to develop overarching measurable long and short term goals regarding AOD programming and policy.

**Summary of AOD Program Strengths and Opportunities for Growth**

University of St. Francis continues to demonstrate a commitment to developing and refining AOD programs and services through survey and assessment. Primary strengths include the recent development of the ADV committee, quality interventions and relationships with community AOD providers to assist with assessment and treatment. Our greatest areas of growth include further development of University of St. Francis partnerships and enhancement of communication between departments, and the need of further development of a reliable, accessible tracking system to ensure consistency in violation identification and sanctions across the University of St. Francis community.

**Effectiveness of Policies**

The effectiveness of the University of St. Francis AOD policies was measured under the guidelines of the EDGAR Part 86 Compliance Checklist (<http://www.higheredcompliance.org/resources/resources/dfscr-hec-2006-manual.pdf>). The results indicate that the current programming policies are in compliance with Part 86 of the Drug-Free Schools and Campus Regulations, but can benefit from further development in several areas. The following chart provides an overview of current policy effectiveness.

	Students			Employees		
	Yes	No	Need to Improve	Yes	No	Need to Improve
Does the University...						
Maintain a copy of its drug prevention program?	X			X		
Provide annually to each employee and each student, who is taking one or more classes for any type of academic credit except for continuing education units, written materials that adequately describe and contain...						
Standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities?	X					X
A description of the health risks associated with the use of illicit drugs and the abuse of alcohol?	X					X
A description of applicable legal sanctions under local, state, or federal law?	X					X
A description of applicable counseling, treatment, or rehabilitation or re-entry programs?	X		X		X	
A clear statement of the disciplinary sanctions the institution will impose on students and	X		X	X		X

employees, and a description of those sanctions?						
Are the above materials distributed to students and employees in one or more of the following ways: mailed, through campus post offices boxes, during orientation?	X			X		
Does the means of distribution provide reasonable assurance that each student and employee receives the materials annually?	X		X	X		X
Does the institution's distribution plan make provisions for providing these materials to students who enroll at after the initial distribution?	X			N/A		
Does the institution's distribution plan make provisions for providing these materials to staff and faculty who are hired after the initial distribution?	N/A			X		
In what ways does the institution conduct biennial reviews of its drug prevention program to determine effectiveness, implement necessary changes, and ensure that disciplinary sanctions are enforced	YES	NO	NEEDS IMPROVEMENT			
Conduct student alcohol and drug use survey	X					
Conduct opinion survey of its students, staff, and faculty	X			X		
Evaluate comments obtained from a suggestion box		X				
Conduct focus groups		X		X		
Conduct intercept interviews		X				
Assess effectiveness of documented mandatory drug treatment referrals for students and employees	X			X		
Assess effectiveness of documented cases of disciplinary sanctions imposed on students and employees	X			X		
Appoint a point person/ committee to conduct biennial reviews?	X			X		

## **2016 CORE ALCOHOL AND DRUG SURVEY**

### **EXECUTIVE SUMMARY**

The Core Alcohol and Drug Survey was revised to support programming efforts related to alcohol and other drug usage at two and four-year institutions. Development of this survey was in consultation with leading experts of the field. The survey retains items about the student's own



use of drugs and alcohol, attitudes, perceptions, and opinions about alcohol and other drugs, and the consequences of use. New items address protective behaviors, support for policies, and expanded measures of the social atmosphere. There are also several items on students' demographic and background characteristics as well as spirituality.

### **Consequences of AOD Use**

Whether an institution takes an abstinence position or a harm reduction approach, the fundamental problem is the resulting harm associated with the use of alcohol and other drugs. The following are some key findings on the negative consequences of alcohol and drug use:

19.5% of all students reported some form of public misconduct (such as trouble with police, fighting/argument, vandalism) at least once during the past year as a result of drinking or drug use.

24.9% of all students reported experiencing some kind of serious personal problems (such as suicidality, being hurt or injured, trying unsuccessfully to stop using) at least once during the past year as a result of drinking or drug use.

8.3% of all students reported some form of unwanted sexual outcome (such as unwanted sex, unprotected sex or being taken advantage of).

9.5% of all students reported that their drinking was identified as a problem either by themselves or a friend (thought they had a problem, someone expressed concern about their drinking, felt they needed more alcohol than they used to).

### **Consequences of Alcohol Use**

The proportion of students who report having had problems as a result of drinking is another indicator of the level of substance abuse. The percentages of students who reported that within the past year they had various problematic experiences are given in Table 1. The top group of items represents public misconduct. The second group represents possibly serious personal problems. The third group represents sexual problems. The last group may consist of driving behaviors.

#### **Table 1 - Problematic Experiences**

##### **This Institution Experience**

- 1.2% Been in trouble with campus police, residence hall, or other college authorities
- 1.2% Been in trouble with off-campus police, or other community authorities
- 3.6% Damaged property, pulled fire alarms, etc.
- 15.4% Got into an argument or verbal fight

- 4.1% Got into a physical fight
- 8.3% Went to class under the influence
- 5.3% Performed poorly on a test or important project
- 4.7% Tried unsuccessfully to reduce drinking
- 4.1% Injured themselves
- 3.0% Injured others
- 22.5% Spent too much money
- 3.6% Been taken advantage sexually
- 3.0% Had sex when they did not want to
- 5.9% Had unprotected sex
- 15.4% Drove while under the influence
- 17.2% Rode in a car with the driver under the influence

### **Key Findings from Students Drinking Behaviors at Multiple Selection**

The highest predictor of negative consequences on the survey is still the heavy episodic drinking question

( $R^2=.41$ ).

32.3%

of students reported heavy episodic drinking in the previous two weeks (consuming 5 or more drinks for males and 4 or more drinks for females in one sitting).

When combined with frequency of drinking information ability to predict negative consequences is even higher ( $R^2=.41$ ). We classify these individuals as Heavy and Frequent drinkers whom pose a particular challenge to your programming efforts they are a minority experiencing the majority of problems. Some researchers see this group as a paradoxical problem (High resource requirements for a small population) and not viable targets for common interventions. Whether this population of students are the targets of interventions or not, they are a particularly at-risk population.

10.6% of students are classified as heavy and frequent (consuming 5 or more drinks for males and 4 or more drinks for females in one sitting, plus drinking more than 3 times per week).

Following are some key findings on the general use of alcohol.

84.5% of the students consumed alcohol in the past year ("annual prevalence").

38.5% of the students consumed alcohol in the past 30 days ("30-day prevalence").

34.5% of underage students (younger than 21) consumed alcohol in the previous 30 days.

Not everything is bad news.

30.8% of students never drank to intoxication.

To support harm reduction efforts we report on the behaviors that students already engage in to moderate the effects of their drinking. Below are the 5 most often used behaviors on your campus. Programming could be tailored to support, encourage or expand upon students' own efforts.

82.2% Eat food before or while drinking

81.1% Prevent a friend from driving\* under the influence of alcohol

81.1% Use a designated non-drinking driver\*

80.5% Know where your drink has been at all times

73.4% Keep track of how many drinks you've had

To provide a fuller picture, the 5 least often used strategies are listed below. These can help inform programming efforts regarding potential educational topics.

17.2% Intentionally not eat food before drinking

24.3% Monitor your BAC (Blood Alcohol Concentration) to reduce drinking-related problems

40.2% Hold a drink so people stop bothering you about drinking

40.8% Chug alcohol

45.0% Put extra ice in your drink

Top 5 venues for drinking. Education, policy and enforcement efforts should keep these locations and events in mind whenever they are discussed.

#### Locations

Bars/restaurants

Off-campus residences

Other location

On-campus residences

In campus buildings

## Locations

Relaxing in your residence

Visiting at a friend's residence

Birthday celebration

At a party

On a date

## **Key Findings on Marijuana**

Marijuana has long been the second most prevalent drug used on campuses. Marijuana on college campuses continues to be associated with significantly higher negative consequences when combined with alcohol (on average, less than 3% of marijuana users at colleges do not drink alcohol).

### School

24.3% of the students have used marijuana in the past year ("annual prevalence").

12.4% of the students are current marijuana users ("30-day prevalence").

## Key Findings on Prescription Drugs

Prescription drugs, as an overall category, have become the third most used and abused substance on college campuses.

### School

11.8% of the students used a prescription drug in the past year ("annual prevalence").

10.7% of the students are current users of prescription drugs in the past year ("30-day prevalence")

The most frequently reported prescription drugs used in the last year:

### Prescription

9.5% Stimulants (Adderall, Ritalin)

5.9% Pain Medication (Vicodin, OxyContin, Fentanyl)

4.7% Sedatives/Anti-Anxiety (Valium, Xanax)

## **Key Findings on Other Illegal Drugs**

Following are some key findings on the use of illegal drugs

### School

8.3% of the students have used an illegal drug other than marijuana in the past year ("annual prevalence").

5.9% of the students are current users of illegal drugs other than marijuana ("30-day prevalence").

The most frequently reported illegal drugs used in the past 30 days were:

3.6% Cocaine

3.0% Amphetamines/Methamphetamine

1.8% Opiates

1.8% Hallucinogens

Following are some key findings on opinions about the campus environment

86.4% of students felt valued or that staff cared about them;

68.0% of students felt that the campus encourages students to seek help with drinking problems.

54.4% of students indicated a high-pressure environment;

58.0% of students indicated an environment where drinking is celebrated.

In contrast, 76.9% of students indicated that their decision to not drink is respected by other students.

50.9% of students indicated a disruptive environment;

3.0% considered transferring due to other students' drinking;

15.4% believe the schools' academic reputation is reduced by other students' drinking.

27.8% of students indicated the campus promotes alcohol or drug use;

74.6% believe that is acceptable to engage questionable drinking;

14.2% believe that is acceptable to miss a class due to a hangover, or drive after drinking.

Social Norming Theory suggests that if students perceive a culture of drug use, and the students identify with the cultural element, they are more likely to participate in the behavior. The discrepancies between student behaviors and their perceptions of average student behaviors appears below. Programming goals could be to educate against misperceptions such as these:

82.2% of students believe the average student on campus uses Alcohol once a week or more often, but in fact, only 30.2% actual students report usage at that rate.

63.9% of students believe the average student on campus uses Marijuana once a week or more often, but in fact, only 8.9% actual students report usage at that rate.

66.3% of students believe the average student on campus uses Tobacco once a week or more often, but in fact, only 11.2% actual students report usage at that rate.

11.2% of students believe the average student on campus uses Prescription Pain Medication once a week or more often, but in fact, only 1.2% actual students report usage at that rate.

31.4% of students believe the average student on campus uses Prescription Stimulants once a week or more often, but in fact, only 3.6% actual students report usage at that rate.

### **Use of Drugs**

The following tables provide additional details about students' reported use of drugs at this institution. Unless otherwise indicated, percentages are based on the total number of students responding validly to a given item. For comparison purposes, some figures are included from a reference group defined on page one. In general, substantial proportions of students report having used alcohol, tobacco, and marijuana in response to the question, "Within the last year, how often did you \_\_\_\_\_?" whereas comparatively fewer report having used each of the other substances. This question examines "Annual prevalence" as opposed to 30-day prevalence and regular use (3X/week or more). Table 2 describes lifetime prevalence, annual prevalence, 30-day prevalence, and high-frequency use (3 times a week or more).

**Table 2 - Substance Use**

<b>Substance</b>	<b>Annual Prevalence</b>	<b>30-Day Prevalence</b>
Prescriptions	11.2%	9.5%
Tobacco	18.9%	13%
Alcohol	49.7%	38.5%
Marijuana	24.3%	12.4%
Cocaine	3.6%	3.0%
Amphetamines	5.3%	2.4%
Sedatives	4.7%	3.6%
Hallucinogens	4.1%	1.8%
Opiates	3.0%	1.8%
Inhalants	0.6%	0.6%
Designer drugs	3.6%	1.2%
Steroids	0.0%	0.0%
Other drugs	3.0%	0.6%

## Differences among Student Groups

Table 3 compares substance use patterns and consequences of several campus groups: males and females, younger and older, academically more and less successful, and on and off-campus residents.

Table 3 - Differences among Student Groups

	<u>Birth Sex</u>		<u>Age</u>		<u>Average Grades</u>		<u>Campus Residency</u>	
	Female	Male	18-20	21+	A-B	C-F	On	Off
Sample Sizes	127	41	60	108	148	18	44	43
Currently use (in the past 30 days) alcohol	34.6%	51.2%	33.3%	41.7%	39.0%	43.8%	52.3%	37.2%
Currently use (in the past 30 days) marijuana	9.4%	22.0%	11.7%	13.0%	13.7%	8.3%	25.0%	11.6%
Currently use (in the past 30 days) prescription	9.4%	9.8%	6.7%	11.1%	9.6%	12.5%	11.4%	11.6%
Have driven a car while under the influence during past year	12.6%	24.4%	11.7%	17.6%	15.8%	12.5%	15.9%	14.0%
Have been taken advantage of sexually during past year	2.4%	7.3%	5.0%	2.8%	3.4%	6.3%	4.5%	4.7%

Table 4 compares substance use patterns and consequences of several campus groups: Greeks, athletes, religious groups, and race.

Table 4 - Differences among Student Groups

	<u>Greeks</u>		<u>Intercollegiate Athletes</u>		<u>Religious Group</u>		<u>Race</u>	
	Ldr/Mbr	Non-Mbr	Ldr/Mbr	Non-Mbr	Ldr/Mbr	Non-Mbr	White	Other
Sample Sizes	7	158	38	130	23	139	135	28
Currently use (in the past 30 days) alcohol	57.1%	37.3%	39.5%	38.5%	52.2%	36.0%	41.5%	30.8%
Currently use (in the past 30 days) marijuana	28.6%	12.0%	13.2%	12.3%	4.3%	14.4%	12.6%	15.4%
Currently use (in the past 30 days) prescription	28.6%	8.9%	2.6%	11.5%	0.0%	11.5%	8.9%	15.4%
Have driven a car while under the influence during past year	42.9%	13.9%	13.2%	16.2%	4.3%	16.5%	18.5%	3.8%
Have been taken advantage of sexually during past year	0.0%	3.8%	5.3%	3.1%	8.7%	2.2%	3.7%	3.8%

## Sample Demographics

Following are some summary characteristics of the students who completed and returned the questionnaire.

75.1% were female

13.0% were freshmen

15.4% were sophomores

32.0% were juniors

20.1% were seniors

18.3% were graduates

65.1% were in the "typical" college age range of 18-22

25.4% lived off campus

84.0% worked part-time or full-time

87.6% were full time students

### **Goals for 2016-2018 Biennial Review**

- Establish a set of specific, measurable, agreed upon, and time-based (SMART) goals regarding AOD program in relation to needs of both the students and employees of the university.
- Implement prevention activities that research or evaluation have shown to be effective in preventing high-risk drinking or violent behavior.
- Improve prevention, detection, and intervention training across the departments including bystander intervention training for students.
- Improve communication between departments to strengthen and coordinate AOD programming efforts.
- Improve recording and documentation of policy violations and subsequent sanctions.
- Maintain consistency in discipline for violations and eliminate “case by case” sanctions.
- Use policy evaluation results to refine, improve, and strengthen the program and refine goals and objectives as appropriate.
- Continue to revise current policy in areas which have been determine to as “Need to Improve” according to the compliance checklist.





STAY SAFE

THIS ST. PATRICK'S DAY

## SAFETY TIPS FOR YOUR IRISH CELEBRATION



### Eat & Stay Hydrated

Continue to drink water throughout your day. Eat before and/or during drinking. Eat high protein dishes. Avoid salty snacks, which tend to make people drink more.



### Pace Yourself

Alternate between alcoholic and non-alcoholic drinks. Stick with only one kind of alcohol. Pace yourself to 1 or fewer drinks per hour. Have a friend let you know when you've had enough.



### Don't Drink & Drive

Call **(815) 726-8294** for a **Telecab**. Cab fare will get charged to your student account so no need to pay out of pocket. Request a male or female driver. TeleCab will pick you up & bring you back to campus.

**Party!  
Party!**

# PARTY TIME!

Hey, we know people like to PARTY! But do you know how much alcohol to consume before it becomes toxic or fatal? This presentation is all about awareness and education, and is not preachy!



## The INFO:

- **Date:** Sept. 14th
- **Time:** 12-1p
- **Where:** Motherhouse Room 316
- **Speaker:** Eric Brown, MA  
MHS LCPC CADC CH  
Chemical Dependency/  
Mental Health Counselor

Hosted by:

USF Counseling Center

If you have any questions  
please contact:

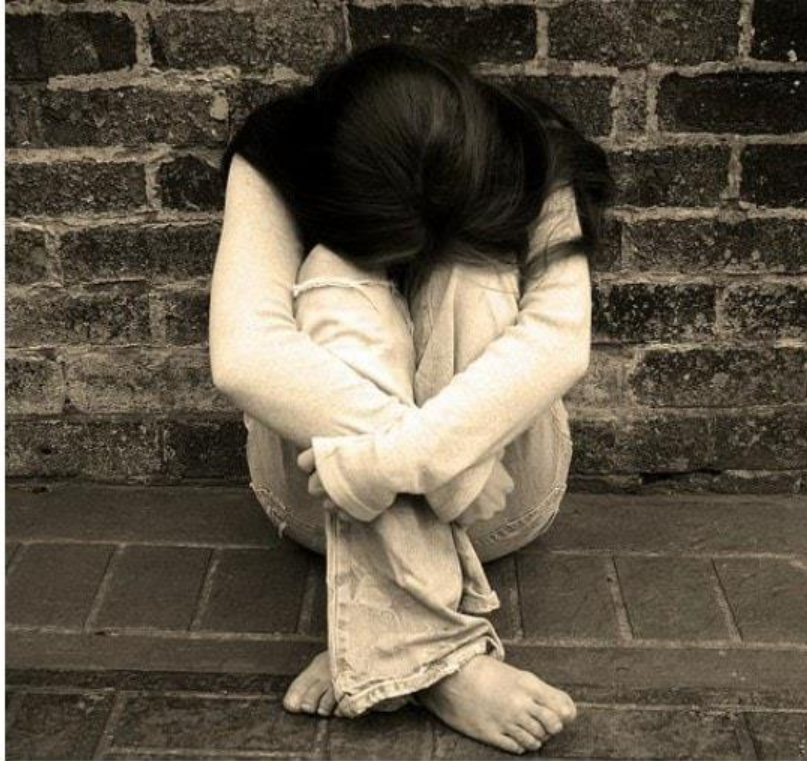
USF Counseling Center

Tel: 815-740-3713

\*\*We have a tool that will tell you exactly how many drinks (based on body weight) is estimated percentage of blood alcohol in one hour!



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# **“IS IT MY FAULT?” SEXUAL ASSAULT PRESENTATION**

## **Sexual Assault: Let's Talk About This!**

Have you, or someone you may know, ever experienced sexual assault? Are you unsure about what you can do to help yourself or someone you may know? Join us and let's talk about this!



**When: Nov. 21st**

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**Where: RM 305  
Motherhouse**

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**Time: 12pm-1pm**

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**Win: a chance at a  
Starbucks gift  
card!**

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**Don't be  
embarrassed; be  
empowered!  
Knowledge is  
power!**

## **USF COUNSELING CENTER**

For more info contact:  
Alex Morgan

[amorgan@stfrancis.edu](mailto:amorgan@stfrancis.edu)

815-768-8343

RM 310 Motherhouse

## **12 STEP MEETING LIST – JOLIET, IL**

### **Alcoholics Anonymous (AA) Meetings:**

Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

#### **Sunday:**

- 10:00 am University of St. Francis, 500 Wilcox St, Joliet, IL 60435  
Gym Parking Lot – Doors w/ Stone Crucifix, OPEN, Handicap Access
- 7:00 pm St. Edwards/Christ Episcopal Church, 206 N. Midland, Joliet, IL, 60435  
AA Big Book Study Group

#### **Monday:**

- 6:45 pm Our Lady of Angels Retirement & Living Facility, 1201 Wyoming St.  
Joliet, IL (Formerly Monday night Step & Traditions Meeting)
- 7:00 pm Our Savior Lutheran Church, 1910 Black Road, Joliet IL 60435  
Women's 12X12 Group, Babysitting Service, Handicapped available
- 7:30 pm St. Paul the Apostle Catholic School, 120 N. Woodlawn, Joliet, IL 60435  
St. Paul Group
- 7:30 pm C.A.A.N. Community Center, 68 N. Chicago St. Ste 401, Joliet, IL 60432  
Rainbow Sobriety Group GLBT

#### **Tuesday:**

- 7:00 pm St. Edward Christ & Episcopal Church, 206 N. Midland Ave, Joliet, IL  
Steel City Group

#### **Wednesday:**

- 8:00 pm Stepping Stones, 1621 Theodore St. Joliet, IL 60435  
2<sup>nd</sup> Floor, Handicap Access, Men's Meeting, OPEN

#### **Thursday:**

- 7:00 pm St. Edward Christ & Episcopal Church, 206 Midland Ave. Joliet, IL 60435  
The Spiritual Group
- 7:00 pm St. John Lutheran Church, 2650 Plainfield Rd. Joliet, IL 60435  
There is a Solution Group. Big Book Study Group  
Handicap Access, OPEN
- 7:30 pm St. Joseph Medical Center, Room B, 333 Madison St. Joliet, IL 60435  
Help Bridge the Gap, Handicap access

#### **Friday:**

- 4:00 pm Daybreak Shelter, 611 Cass St. Joliet, IL 60432  
Friday Afternoon Group, Handicap access

**Alano Club of Joliet:**265 Republic Avenue, Joliet 60435 (815-744-2992)

Sunday:

- 7:00 AM Sunrise Group (Front Room) OPEN
- 9:00 AM Topic Relationship Meeting (Main Room) OPEN
- 10:00 AM Spiritual Meeting (Al-Anon Room)
- 7:00 PM As Bill Sees It (Main Room)
- 9:00 PM Candlelight Meeting (Main Room)

Monday:

- 7:00 AM Captain's Table (As Bill Sees It) (Main Room)
- 10:30 AM Came To Believe (Big Book Study) (Front Room)
- 10:30 AM Alano Morning Meeting (Reflections/24 Hr) (Main)
- 4:00 PM Daily Reflections Meeting (Main Room)
- 6:30 PM Big Book Study (Main Room)
- 7:00 PM Women's 24 Hour Discussion Group (Front Room)
- 8:00 PM Beginners Group (Main Room)

Tuesday:

- 7:00 AM Captain's Table (Open Topic) (Main Room)
- 9:00 AM Shake "Em Up Group (Main Room)
- 10:30 AM Alano Morning Meeting (As Bill Sees It) (Main Room)
- 4:00 PM Daily Reflections Meeting (Main Room)
- 6:00 PM Jackson Creek D.O.A. Group (Main Room)
- 7:00 PM Big Book Discussion Group (Front Room)
- 8:00 PM How We Feel Group (Main Room)

Wednesday:

- 7:00 AM Captain's Table (Daily Reflections) (Main Room)
- 10:30 AM Came To Believe (12 & 12) (Front Room)
- 10:30 AM Alano Morning Meeting (Reflections/24 Hr Book) (Main)
- 4:00 PM Daily Reflections Meeting (Main Room)
- 8:00 PM Gut Level Group (Main Room)

Thursday:

- 7:00 AM Captain's Table (24 Hours a Day Book) (Main Room)
- 10:30 AM Came To Believe (Grapevine Article Discussion) (Front)
- 10:30 AM Alano Morning Meeting (12 Steps Study) (Main Room)
- 4:00 PM Daily Reflections Meeting (Main Room)
- 8:00 PM Beginners Group (Main Room)
- 8:00 PM Third Step Group (Front Room)

Friday:

- 7:00 AM Captain's Table (12 Steps/12 Traditions) (Main Room)
- 10:30 AM Came To Believe (As Bill Sees It) (Front Room)
- 10:30 AM Alano Morning Meeting (Daily Reflections/24 Hr)(Main)
- 4:00 PM Daily Reflections Meeting (Main Room)
- 7:45 PM Beyond Step Twelve Workshop (Front Room)
- 8:00 PM Twelve Step Group (Main Room)

Saturday:

- 7:00 AM Captain's Table (Big Book Study) (Main Room) OPEN



9:00 AM Twelve Step Study Group (Main Room)  
10:30 AM Alano Morning Meeting (Main Room)  
8:00 PM Alano Open Speaker Meeting (Main Room) OPEN

**Fellowship Club of Will County, [1703 N. Broadway, Crest Hill 60403](#) - (815-723-8153)**

Sunday:

Breakfast! Every Sunday 8 am to 10 am  
10:30 AM 12 & 12 Happy Hour Group  
6:30 PM Back to Basics

Monday:

10:30 AM - Big Book Discussion  
2:30 PM - Gut Level  
6:30 PM - Sober School  
8:00 PM - 24 Hour Discussion

Tuesday:

10:30 AM - 12 and 12 Discussion  
2:30 PM - 2/4 Tuesday  
6:30 PM - Keep It Simple  
8:00 PM - Big Book Discussion

Wednesday:

10:30 AM - Gut Level  
2:30 PM - Gut Level  
4:45 PM - Big Book Study (**OPEN**)  
6:30 PM - Life Recovery Meeting  
8:00pm - Candlelight

Thursday:

10:30 AM - Came To Believe  
2:30 PM - Gut Level  
6:30 PM - Steps from the Big Book  
8:00 PM - 12 and 12 Discussion

Friday:

8:00 AM - Morning Big Book Study - Open  
10:30 AM - 12 and 12 Discussion  
2:30 PM - Gut Level  
6:30 PM - ISCYPAA  
8:00 PM - Candlelight  
Midnight - Discussion

Saturday:

10:30 AM - Living Sober  
2:30 PM - Saturday Matinee  
6:30 PM - Big Book Discussion  
8:00 PM - Gratitude Meeting ('Open' Speaker Meeting on 1st Saturday of each month)  
Sept. - May - Dinner before Gratitude Meeting on the 3rd Saturday of each month)

More are AA meetings available at: <http://www.aadistrict51.org/Meetings/Meetings.html>

### **Narcotics Anonymous (NA) Meetings:**

Narcotics Anonymous is a global, community-based organization with a multi-lingual and multicultural membership. NA was founded in 1953, and our membership growth was minimal during our initial twenty years as an organization. Since the publication of our Basic Text in 1983, the number of members and meetings has increased dramatically. Membership is free, and we have no affiliation with any organizations outside of NA including governments, religions, law enforcement groups, or medical and psychiatric associations. Through all of our service efforts and our cooperation with others seeking to help addicts, we strive to reach a day when every addict in the world has an opportunity to experience our message of recovery in his or her own language and culture.

#### **Sunday:**

6:00 pm Sacred Heart Church, 331 S Ottawa Street, Joliet, IL 60436

#### **Monday:**

10:00 am St. John MB Church, 104 E Zarley Boulevard, Joliet, IL 60433

6:00 pm Frist Presbyterian Church, 805 Western Avenue, Joliet, IL 60435

6:00 pm Second Baptist Church, 158 South Joliet Street, Joliet, IL 60436

#### **Tuesday:**

10:00 am Sacred Heart Church, 331 S Ottawa Street, Joliet, IL 60436

6:00 pm Sacred Heart Church, 331 S Ottawa Street, Joliet, IL 60436

#### **Wednesday:**

10:00 am Powerless, Not Hopeless, 331 S Ottawa St, Joliet, IL 60436

10:00 am Sacred Heart Church, 331 S Ottawa Street, Joliet, IL 60436

8:00 pm Daybreak Shelter, 611 East Cass Street, Joliet, IL 60432

#### **Thursday:**

10:00 am Sacred Heart Church, 331 S Ottawa Street, Joliet, IL 60436

10:00 am The Oasis, 329 South Ottawa Street, Joliet, IL 60436

7:30 pm St. Mark CME Church, 348 South Joliet Street, Joliet, IL 60436

7:30 pm Second Baptist Church, 158 South Joliet Street, Joliet, IL 60436

#### **Friday:**

10:00 am St. John MB Church, 104 E Zarley Boulevard, Joliet, IL 60433

8:00 pm Sacred Heart Church, 331 S Ottawa Street, Joliet, IL 60436

8:00 pm 329 South Ottawa Street, Joliet, IL 60436

#### **Saturday:**

6:00 pm St. Joseph's Hospital, 333 Madison Street, Joliet, IL 60435

9:30 am Stepping Stones, 1621 Theodore Street, Joliet, IL 60435

More NA meetings available at: <http://www.narcotics.com/na-meetings/illinois/joliet>

**Women For Sobriety (WFS):**

**Women For Sobriety, Inc.** is a non-profit organization dedicated to helping women overcome alcoholism and other addictions. It is, in fact, the first national self-help program for women alcoholics. Our "New Life" Program helps achieve sobriety and sustain ongoing recovery. WFS has been providing services to women alcoholics since July 1976. The WFS "New Life" Program grew out of one woman's search for sobriety. To find out the closest WFS Group in your area, please contact WFS Headquarters. This confidential information is only given to the woman alcoholic. WFS groups are only open to women with alcohol and/or chemical dependence.

More info on WFS at: <http://www.womenforsobriety.org>

**Gamblers Anonymous (GA):**

Gamblers Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem.

Monday:

7:00 pm First Presbyterian Church, Raynor & Western Aves, Joliet, IL 60435  
Hoffman Hall, 2nd Floor, Open Step Meeting 1st Monday of Month,  
Speaker Meeting 5th Monday

Wednesday:

6:30 pm Provena St. Joseph Medical Center, 333 N. Madison St, Joliet, IL 60435  
Spanish Speaking

Friday:

6:30 pm Provena St. Joseph Medical Center, 333 N. Madison St, Joliet, IL 60435  
Conference Room "A", First Floor

**More GA meetings and information at: <http://www.gamblersanonymous.org/ga/>**

**Al-Anon & Alateen Family Groups:**

At Al-Anon Family Group meetings, the friends and family members of problem drinkers share their experiences and learn how to apply the principles of the Al-Anon program to their individual situations. Younger family members and friends attend Alateen meetings.

They learn that they are not alone in the problems they face and that they have choices that lead to greater peace of mind, whether the drinker continues to drink or not.

**More info on Al-Anon & Alateen at: <http://al-anon.org/>**